

Alcohol Is **STILL** a Drug



Recorded

09
2021

08
2022

A series of 30-minute recordings focusing on the hopefulness of recovery from alcohol use disorder and examining the impact of alcohol overuse on individuals, communities, and organizations across the United States.

Access the videos & other resources inside!

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[Access the videos and learn more about "Alcohol Is STILL a Drug" on the series landing page.](#)

Visit our pages to find more events and resources:

attnetwork.org/greatlakesattc

mhttnetwork.org/greatlakesmhttc

pttnetwork.org/greatlakespttc

Alcohol Is **STILL** a Drug



About the series:

Alcohol is **STILL** a drug. The opioid crisis, increase in stimulant misuse, and marijuana legalization dominate the news— yet alcohol remains the number one substance causing health, social, legal and financial problems throughout the US.

While this series will focus on the hopefulness of recovery from alcohol use disorder, we'll also take a deep dive into what we know about the full impact of alcohol overuse and the ways it affects every person in the US.

These are the overall learning objectives for the full 10-session series:

1. Summarize the current impacts of problematic alcohol use in various/special populations, including pregnant women, youth, rural, and minority populations.
2. Assess and prioritize alcohol reduction efforts in targeted settings.
3. Describe the current efforts to curb problematic alcohol use, including best practices in providing treatment.

Recorded September 2021-August 2022

Table of Contents

National Recovery Month.....	1
Sober Curious.....	1
Pharmacotherapy.....	2
Alcohol Use Disorder Treatment.....	2
LGBTQ+ Youth and Alcohol Use.....	3
Fetal Alcohol Spectrum Disorders (FASD).....	3
Alcohol Use in Hmong Communities.....	4
Domestic Violence and Alcohol.....	4
The Impact of Alcohol on Individuals with Mental Illness.....	5
Recovery Capital.....	5

Visit our pages to access upcoming events and many more resources like this!

attnetwork.org/greatlakesattc

mhttcnetwork.org/greatlakesmhttc

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SEPTEMBER 2021

National Recovery Month

Presented by: Kris Kelly, Prog. Mgr., Peer Recovery Center of Excellence

Kris Kelly, a peer recovery expert and a person in long-term recovery, kicked-off this year-long series by highlighting September as National Recovery Month and sharing specific resources related to alcohol use disorder awareness, recovery, and support services.



Watch the
video

Other Resources:

[National Recovery Month](#)

[The Peer Recovery Center of Excellence](#)

OCTOBER 2021

Sober Curious

Presented by: Ruby Warrington, Author & Motivational Speaker

Ruby Warrington, a renowned author and thought leader within the “Now Age” wellness space, discusses her self-coined term “sober curious” and how the idea behind this term is reshaping the way society thinks about the journey of recovery. Her work is also helping to conceptualize person-centered treatment approaches and destigmatize the notion that sobriety can look different for every person.

Other Resources:

[Sober Curious \(book\)](#)

Watch the
video



NOVEMBER 2021

Pharmacotherapy

Presented by: Randall Webber, MPH, CADC

This session provides information on medications used to treat alcohol use disorder (AUD). The presentation puts a special emphasis on medications used to treat alcohol withdrawal and those that are used to support treatment and recovery.

Other Resources:

[Infographic of AUD Pharmacotherapy](#)



Watch the
video

DECEMBER 2021

Alcohol Use Disorder Treatment

Presented by: Joseph Rosenfeld, PsyD, CRADC, HS-BCP

This video presents the constant nature of alcohol as an epidemic, the development and efficacy of early (pre-1950s) treatment and recovery efforts, and the emergence of current evidence-based alcohol use disorder (AUD) treatment methods. Make sure to watch until the end to find out which long-held AUD treatment method Dr. Rosenfeld believes should be left in the past!



Watch the
video

FEBRUARY 2022

LGBTQ+

Youth and Alcohol Use

Presented by: De'An Roper, PhD, LCSW-S

Despite gains in LGBTQ+ civil rights laws, queer youth continue to experience disparities in health, safety, and substance use disorder issues. This presentation will provide health care professionals with important information about queer youth and alcohol use.

Other Resources:

[SAMHSA's Behavioral Health Equity Resources for LGBTQI+ Individuals](#)

Watch the
video



MARCH 2022

Fetal Alcohol Spectrum Disorders

Presented by: Lisa Rahm, BS, CMP

Lisa Rahm provides an introduction to fetal alcohol spectrum disorders (FASD), including general information about the risks of alcohol intake during pregnancy, the negative impact on the developing fetus, and prevention methods for these disorders.

Other Resources:

[SAMHSA's TIP 58: Addressing FASD](#)
(TIP: Treatment Improvement Protocols)



Watch the
video

APRIL 2022

Alcohol Use in Hmong Communities

Presented by: Yengyee Lor, President, Faithful Consulting

Yengyee Lor shares information about alcohol use in Hmong communities and the intersection of cultural practices and alcohol consumption within these communities. She also provides ways to engage in cultural celebrations and activities while maintaining safe alcohol usage.



Watch the video

Other Resources:

SAMHSA's Behavioral Health Equity Resources for Asian Americans, Native Hawaiians, & Pacific Islanders

MAY 2022

Domestic Violence and Alcohol

Presented by: Gabriela Zapata-Alma, LCSW, CADC

This presentation discusses the correlation between domestic violence (DV) and alcohol misuse, as well as how trauma resulting from DV affects an individual's mental and behavioral health. It also shares information specifically addressing how adverse childhood experiences (ACEs) can lead to numerous health concerns later in life, including a greater prevalence of substance use disorders.

Other Resources:

Nat'l Center on Domestic Violence, Trauma, & Mental Health Interagency Task Force for Trauma-Informed Care



Watch the video

JUNE 2022

The Impact of Alcohol Use on Individuals with Mental Illness

Presented by: Tim Devitt, PsyD, LCPC, CADC

In this video, viewers will learn about the frequency of substance use disorders for people with mental illness. It further explains how people suffering from co-occurring disorders are more likely to experience worse health outcomes than individuals with a single disorder.



Watch the video

Other Resources:

[SAMHSA's Evidence-Based Practices](#)

[Resource Center for Mental Disorders](#)

AUGUST 2022

Recovery Capital

Presented by: Kris Kelly, Prog. Mgr., Peer Recovery Center of Excellence (PR CoE)

Kris Kelly closes out this series by defining "recovery capital" and explaining the importance of recovery capital for sustaining long-term recovery. The presentation additionally describes how the integration of key types of capital (social, physical, cultural, and human) provide the necessary framework of support to address the complex needs of those with substance use disorders.

Other Resources:

[Peer Recovery CoE's Explainer Videos \(English\)](#)

[Peer Recovery CoE's Explainer Videos \(Español\)](#)

Watch the video



This resource was created by the [Great Lakes ATTC](#), [MHTTC](#), and [PTTC](#) with funding from cooperative agreements with the Substance Abuse and Mental Health Services Administration (SAMHSA).

