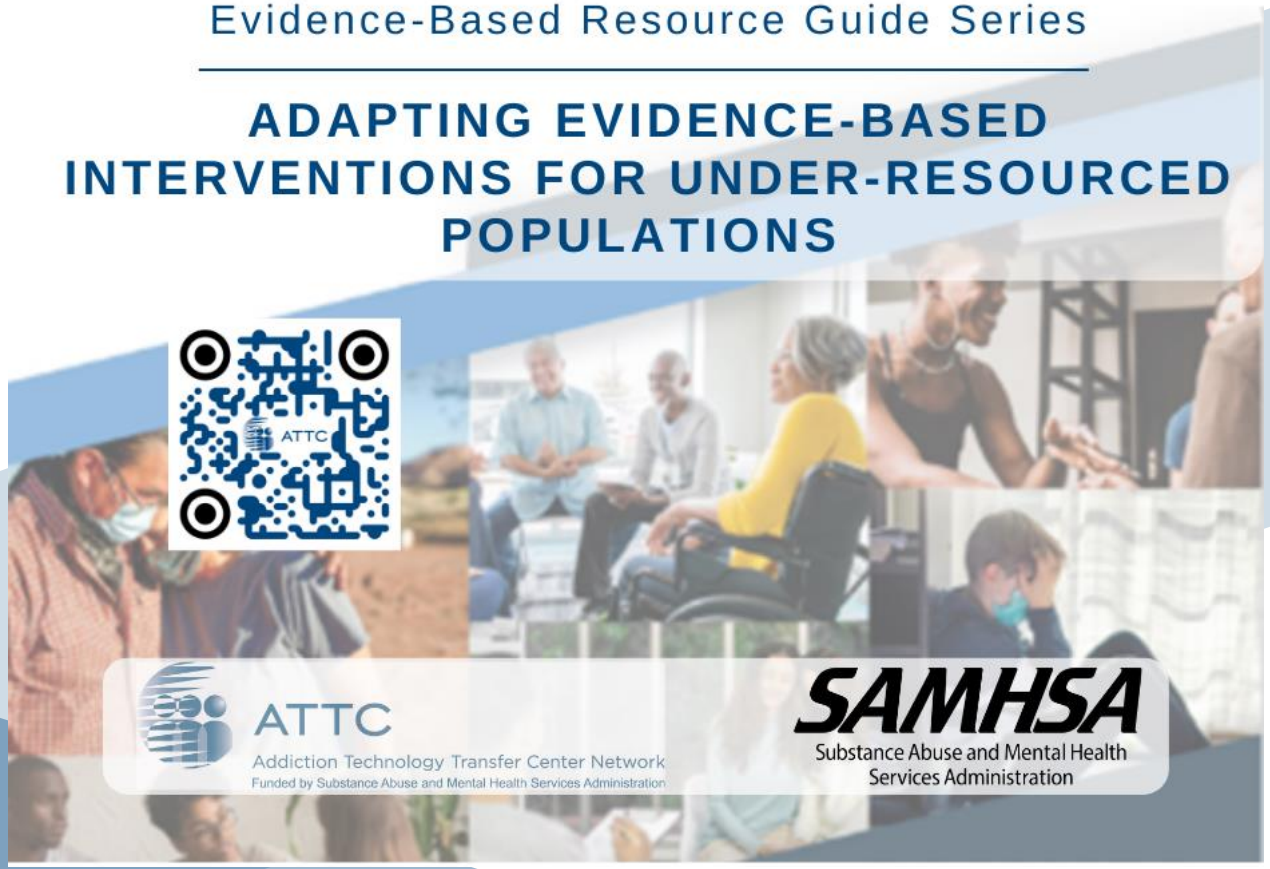
TUESDAY, OCT. 4

10-11AM PT/ 12-1PM CT / 1-2PM ET

Evidence-Based Resource Guide Series

ADAPTING EVIDENCE-BASED INTERVENTIONS FOR UNDER-RESOURCED POPULATIONS



Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Have a question for the speakers? Email ebprc@samhsa.hhs.gov
  - Chat is limited to allow participants to communicate with the host regarding technical questions regarding the Zoom webinar.
- At the end of today's webinar, please complete a brief survey.
- Follow the session, you will receive an email on how to access a certificate of attendance; must attend at least 30 minutes.
- The event is closed captioned!
- Follow us on social media:

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<u>Please Note</u>:
This session is recorded and all materials will be posted to our website within 2 weeks.

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Acknowledgment

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At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed herein are the view of the speakers and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS.

Words have power.

PEOPLE FIRST.

The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.

National Mental Health and Substance Use Policy Laboratory

Guide: *Adapting Evidence-Based Practices for Under-Resourced Populations*

Informational Webinar

October 4, 2022

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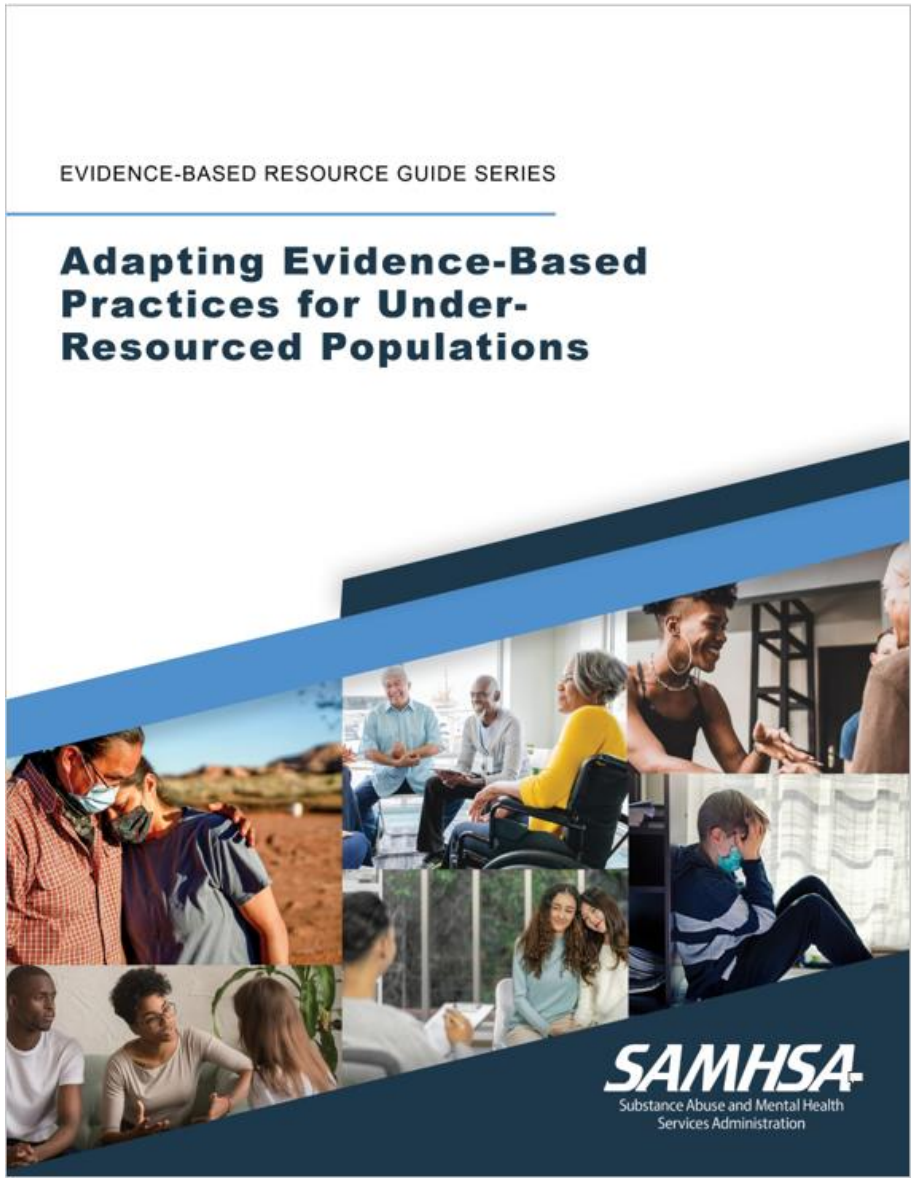
Welcome



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Evidence-Based Resource Center Guides

SAMHSA's vision for the guides – and the underlying foundation – is to:

- Reflect scientific rigor and make recommendations from the evidence base.
- Provide expert consensus.
- Be comprehensive and modular for use by practitioners, communities, administrators, and other stakeholders.
- Be accessible to the field.

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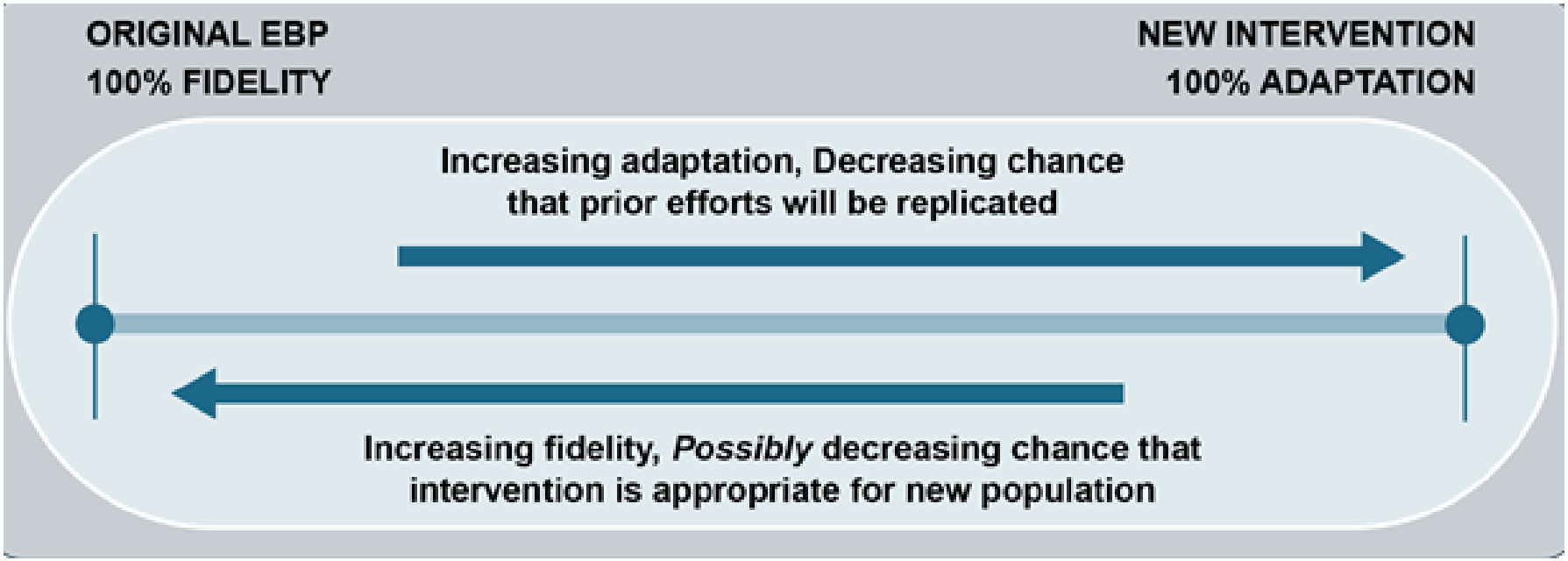
Adaptation of an EBP Defined

Goal: Improve the fit or effectiveness of an evidence-based practice (EBP) for a given population

- Involves making changes to better fit the needs of the under-resourced population
  - Under-resourced communities are defined as population groups that experience greater obstacles to health, based on characteristics such as, but not limited to, race, ethnicity, religion, income, geography, gender identity, sexual orientation, and disability.
- Does not affect, remove, or change key or core elements
- Includes a process of thoughtful and deliberate alteration to the design or delivery of an intervention

Fidelity vs. Fit



Adapted from: Marsiglia, F. F. & Booth, J. M. (2015). Cultural adaptation of interventions in real practice settings. *Research on Social Work Practice, 25*(4), 423-432.

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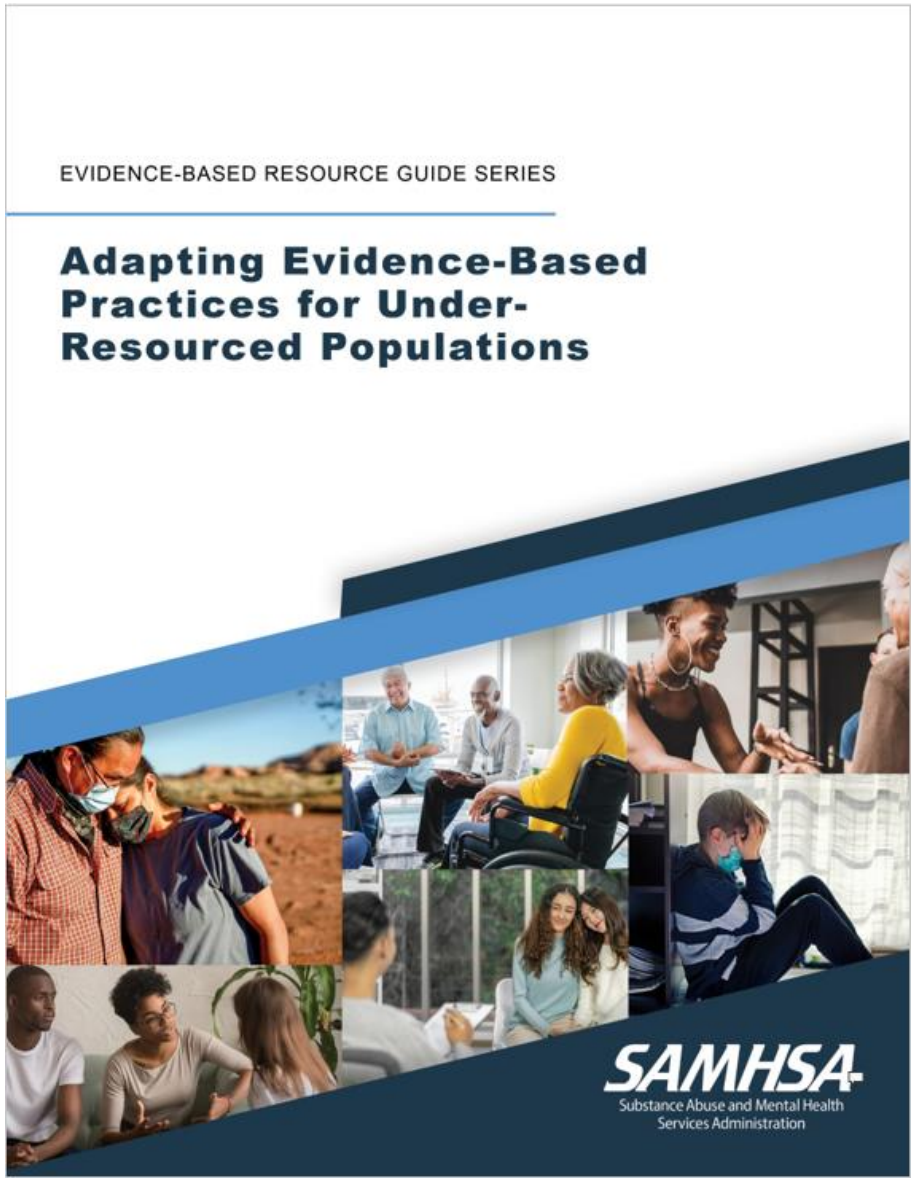
Guide Introduction



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Guide's Content

- Chapter 1 - Issue Brief
- Chapter 2 - What Research Tells Us
- Chapter 3 - Guidance for Adapting Evidence-based Practices (EBPs)
- Chapter 4 - Examples of Cultural Adaptations of EBPs
- Chapter 5 - Resources for Evaluation and Quality Improvement

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The Role of the TEP and Reflections

Angela Weeks, DBA

Director,

Center of Excellence – LGBTQ+ Behavioral Health Equity

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Process of Adapting an EBP

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Process of Adapting an EBP – Step 1

- Engage all stakeholders within the community
- Understand the community's cultural beliefs, values, needs, and expectations
- Identify the problem at hand
- Identify funding to support community engagement activities

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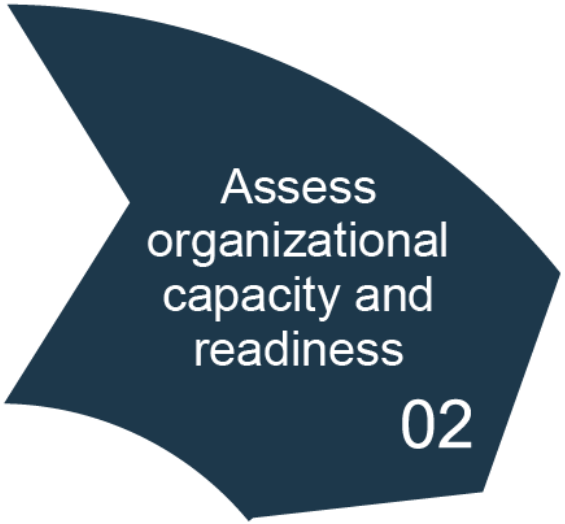
Process of Adapting an EBP – Step 2



- Assess community readiness
- Assess current resources and barriers
- Form steering committees or other teams
- Identity and obtain additional funding

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Process of Adapting an EBP – Step 3

Review EBPs, choose one, and re-assess the organizational capacity

03

- Identify potential EBPs
- Review the EBPs
- Identify core components
- Continue to engage community stakeholders

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Process of Adapting an EBP – Step 4

Select non-core components that can be modified and adapt the EBP

04

- Choose non-core components to be adapted
- Consider specific risk factors
- Document adaptation process

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Process of Adapting an EBP – Step 5

- Increase organizational capacity
- Consider practitioner characteristics
- Pilot test the adaptation and revise

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Process of Adapting an EBP – Step 6

06
Implement the adapted EBP and evaluate the implementation and outcomes

- Implement the adapted EBP
- Eliminate barriers to care
- Avoid additional changes
- Evaluate the implementation

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Process of Adapting an EBP – Step 7

- Make modification based on data
- Continue assessment
- Repeat steps 3 through 5 as appropriate

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Research on Adaptation of MI, DBT, and CBT

- Conducted systematic literature review
  - 4 Motivational Interviewing (MI) articles
  - 2 Dialectical Behavior Therapy (DBT) articles
  - 7 Cognitive Behavioral Therapy (CBT) articles
- For each study, documented research design, outcomes, populations, and types of adaptations
- Identified gaps in research

YOUTH AFFIRM

Shelley Craig, PhD

Principal Investigator,
Youth AFFIRM

Factor-Inwentash Faculty
of Social Work

University of Toronto

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Chochtaw Nation

Shauna Humphreys, MS

Behavioral Health Director,
Choctaw Nation Health Services

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Ma’at Program

April Silas, PhD

Executive Director, Homeless Children’s Network and Creator of Ma’at Program

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Culturally Relevant and Equitable Evaluation

Evaluation Process Step

Putting Together an Evaluation Team

Evaluation Purpose(s) and Audience(s)

Evaluation Questions

Outcomes and Indicators

Data Collection, Analysis, and Reporting

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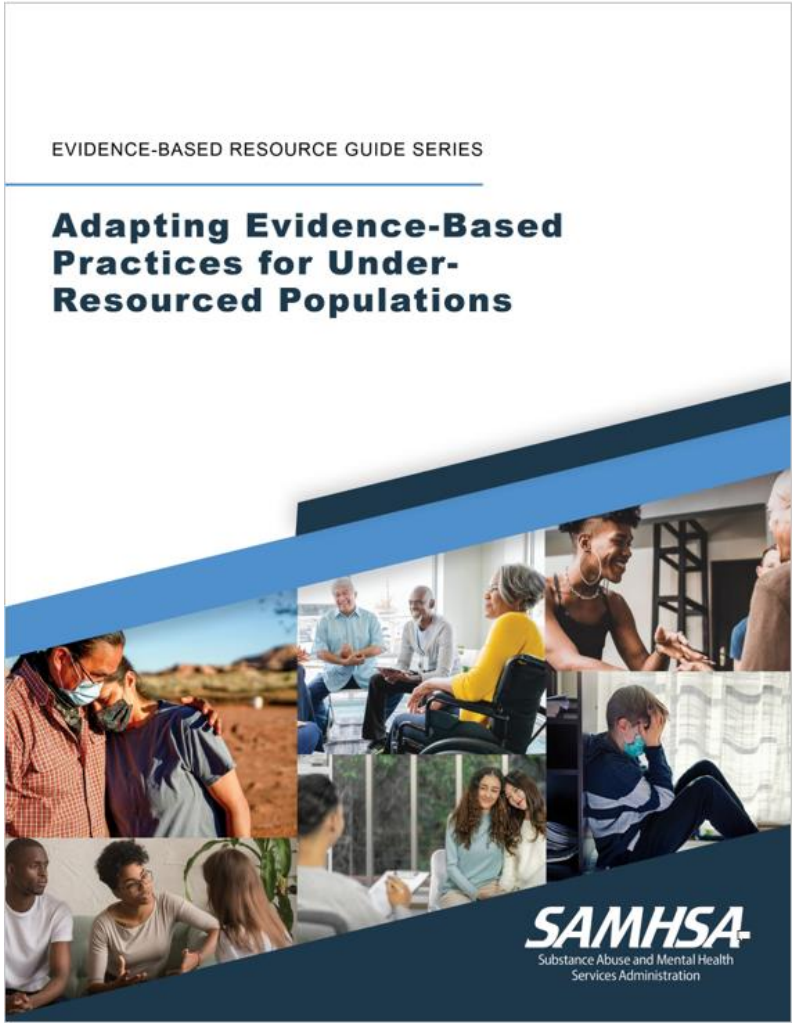
Conclusions

- The guide is now available on the SAMHSA Store. https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP22-06-02-004.pdf

- For more information, contact **ebprc@samhsa.hhs.gov**



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- Please take a moment to complete a **brief** survey about today's webinar.
- **SURVEY:** https://ttc-gpra.org/P?s=516696

Within the next two weeks:

- The recording of today's presentation will be available on attcnetwork.org.
- Attendees will receive a follow-up email with instructions for downloading a certificate of completion.

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Thank You!

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