

Digital Therapeutics in the Treatment of Substance Use Disorders: State of the Science & Vision for the Future

February 15, 2023 | 11:00am – 12:30pm (PT)

About the webinar

Digital therapeutics—software used to prevent, treat, or manage a medical disorder or disease—are redefining the future of healthcare. Digital therapeutics package an entire model of care that can be delivered with fidelity and in accordance with state-of-the-science best practices into a unified, seamless digital delivery system. Digital therapeutics have been particularly transformative in the field of substance use, mental health, and other behavioral health conditions and can markedly improve access to care, quality of care, and treatment outcomes, while reducing costs, for a wide array of audiences in diverse settings. In this presentation, **Dr. Lisa A. Marsch (Dartmouth Center for Technology and Behavioral Health)** will review the state of the science of digital therapeutics for behavioral health and timely opportunities to scale up access to these digital health tools via multiple paths to deployment around the world.



Learning objectives

At the conclusion of the webinar, participants will be able to:

- Recall the key findings from at least two (2) clinical trials focused on the use of digital therapeutics in substance use disorder treatment.
- Specify at least two (2) ways that digital data capture can be used to assess health behavior and provide personalized digital therapeutics.
- Assess the confluence of at least two (2) factors that increase the demand of and opportunities for scaling up access to behavioral health digital therapeutics.

1.5 CME or CE credits available. See credit types below.

Sponsored by the Northwest and Pacific Southwest Addiction Technology Transfer Centers (ATTCs) and the Western States Node of the NIDA Clinical Trials Network.

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Accreditation & Credit Designations

In support of improving patient care, this activity has been planned and implemented by Stanford Medicine and the Northwest Addiction Technology Transfer Center (ATTC). Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this Live Activity for a maximum of 1.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

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American Psychological Association (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

CE Accreditation

This webinar meets the qualifications for the provision of one and one-half (1.5) continuing education credits/contact hours (CEs/ CEHs). UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for one and one-half (1.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). CE credit will be awarded at the conclusion of the webinar. **Partial credit will not be available for those participants who arrive late or leave early.**