HIV, Hepatitis and the Fourth Wave of the Opioid Epidemic: Syndemics in a Post-Pandemic World

Ryan Westergaard, MD, PHD, MPH Associate Professor of Medicine University of Wisconsin

March 24, 2023



Learning Objectives

- 1. Understand how changes in the epidemiology of opioid and methamphetamine use disorder have posed obstacles to the goals of ending the HIV epidemic
- 2. Recognize the potential impact of incorporating screening, linkage to care, and low-threshold treatment for hepatitis C infection in addiction treatment settings
- 3. Discuss a research agenda for a comprehensive, patientcentered approach to health and safety of people who inject drugs



The time is now.





Diagnose all people with HIV as early as possible.

Treat people with HIV rapidly and effectively to reach sustained viral suppression.





Prevent new HIV transmissions by using proven interventions, including pre-exposure prophylaxis (PrEP) and syringe services programs (SSPs).

Respond quickly to potential HIV outbreaks to get needed prevention and treatment services to people who need them.

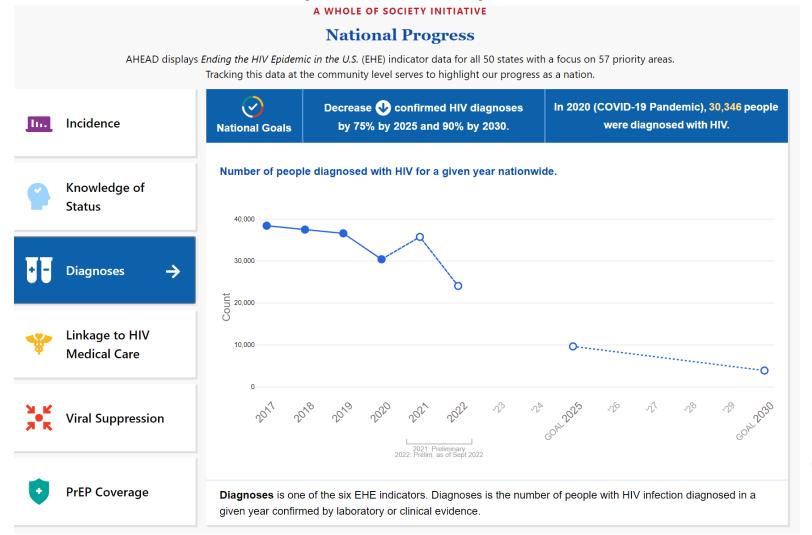


https://www.cdc.gov/endhiv/index.html

https://www.hiv.gov/federal-response/ending-the-hiv-epidemic/key-strategies/



America's HIV Epidemic Analysis Dashboard (AHEAD)





ORIGINAL ARTICLE

HIV Infection Linked to Injection Use of Oxymorphone in Indiana, 2014–2015

Philip J. Peters, M.D., Pamela Pontones, M.A., Karen W. Hoover, M.D., M.P.H., Monita R. Patel, Ph.D., M.P.H., Romeo R. Galang, M.D., M.P.H., Jessica Shields, B.S., Sara J. Blosser, Ph.D., Michael W. Spiller, Ph.D., Brittany Combs, R.N., William M. Switzer, M.P.H., Caitlin Conrad, B.S., Jessica Gentry, M.A., Yury Khudyakov, Ph.D., Dorothy Waterhouse, B.S., S. Michele Owen, Ph.D., Erika Chapman, M.P.H., Jeremy C. Roseberry, M.A., Veronica McCants, M.S.A., Paul J. Weidle, Pharm.D., M.P.H., Dita Broz, Ph.D., M.P.H., Taraz Samandari, M.D., Ph.D., Jonathan Mermin, M.D., M.P.H., Jennifer Walthall, M.D., M.P.H., John T. Brooks, M.D., and Joan M. Duwve, M.D., M.P.H., for the Indiana HIV Outbreak Investigation Team*

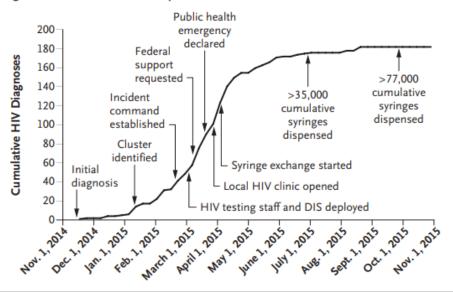
ABSTRACT

BACKGROUND

In January 2015, a total of 11 new diagnoses of human immunodeficiency virus (HIV) infection were reported in a small community in Indiana. We investigated the extent and cause of the outbreak and implemented control measures.



A Cumulative HIV Diagnoses and Public Health Response



B HIV Diagnoses According to Week of Testing

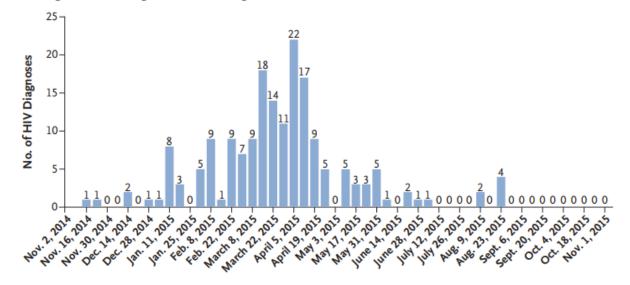


Figure 1. Outbreak of HIV Infection in Southeastern Indiana.



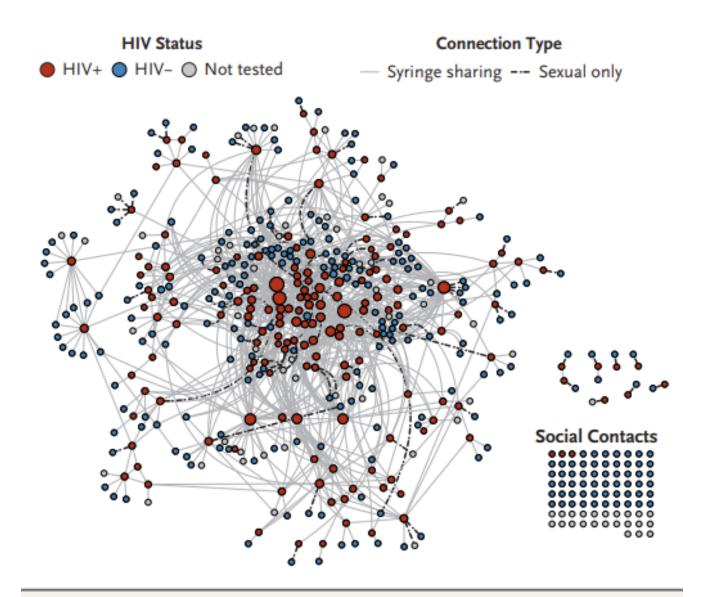


Figure 3. Syringe-Sharing Network of Persons with Newly Diagnosed HIV Infection.



County-Level Vulnerability Assessment for Rapid Dissemination of HIV or HCV Infections Among Persons Who Inject Drugs, United States

Michelle M. Van Handel, MPH,* Charles E. Rose, PhD,* Elaine J. Hallisey, MA,†

Jessica L. Kolling, MPH,‡ Jon E. Zibbell, PhD,§ Brian Lewis, BS,|| Michele K. Bohm, MPH,¶

Christopher M. Jones, PharmD, MPH,# Barry E. Flanagan, PhD,|| Azfar-E-Alam Siddiqi, MD, PhD,*

Kashif Iqbal, MPH,* Andrew L. Dent, MA, MBA,† Jonathan H. Mermin, MD, MPH,**

Eugene McCray, MD,* John W. Ward, MD,§ and John T. Brooks, MD*

Objective:

A recent HIV outbreak in a rural network of persons who inject drugs (PWID) underscored the intersection of the expanding epidemics of opioid abuse, unsterile injection drug use (IDU), and associated increases in hepatitis C virus (HCV) infections. We sought to identify US communities potentially vulnerable to rapid spread of HIV, if introduced, and new or continuing high rates of HCV infections among PWID.



County-Level Vulnerability Assessment for Rapid Dissemination of HIV or HCV Infections Among Persons Who Inject Drugs, United States

Which variables are associated with acute HCV infection?

Poisson Regression Model

- Independent variables: county-level variables available recently and nationally
- Outcome: acute HCV infection, proxy for unsterile injection drug use

Which counties have highest vulnerability to HIV/HCV outbreak?

Composite Index Score – "Vulnerability Score"

- Create score using indicators significantly associated with outcome (i.e., acute HCV infection as proxy for unsterile injection drug use).
- Rank counties by score to identify those with greatest potential vulnerability



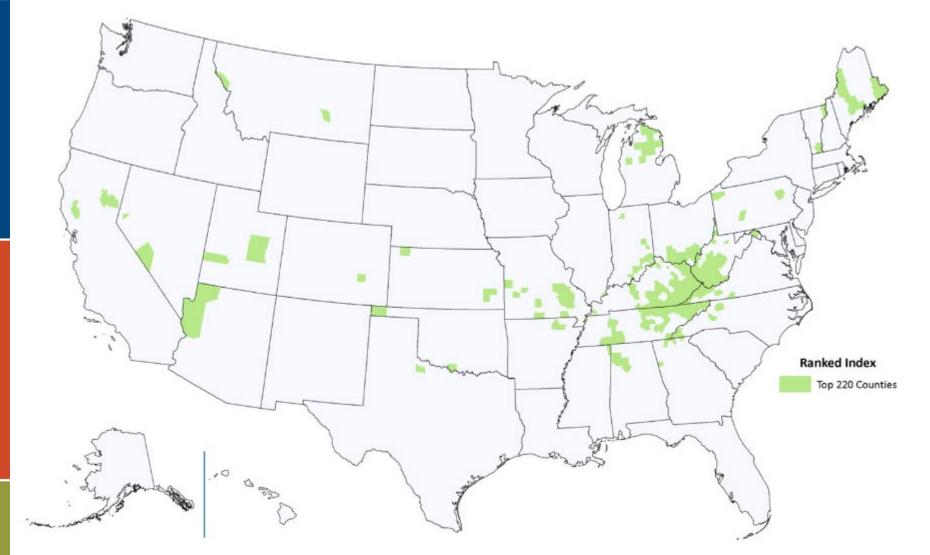
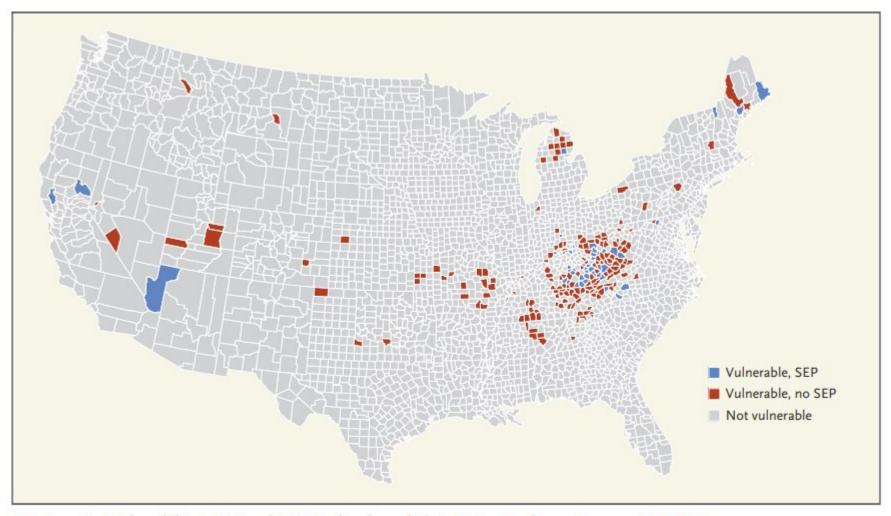


Figure 2.

Counties for which estimated vulnerability scores or their upper 90% confidence interval exceeded the 95th percentile. Map produced by the Geospatial Research, Analysis, and Services Program (GRASP).







U.S. Counties' Vulnerability to HIV and HCV Outbreaks and Their Syringe-Exchange Program (SEP) Status.

Data are as of 2018 and are from the CDC and the North American Syringe Exchange Network.



Morbidity and Mortality Weekly Report (MMWR)

Notes from the Field: Outbreak of Human Immunodeficiency Virus Infection Among Persons Who Inject Drugs — Cabell County, West Virginia, 2018–2019

Weekly / April 24, 2020 / 69(16);499-500

TABLE. Characteristics of persons with outbreak-associated human immunodeficiency virus infection — Cabell County, West Virginia, January 1, 2018–October 9, 2019*

Characteristic	No. (%)
Total	82 (100)
Sex	
Male	49 (60)
Female	33 (40)
Age group (yrs)	
<20	0 (0)
20–39	61 (74)
≥40	21 (26)
Race/Ethnicity	
White, non-Hispanic	75 (92)
Black, non-Hispanic	1 (1)
Hispanic	1 (1)
Other	5 (6)
Transmission category	
Injection drug use	75 (92)
Male-to-male sex and injection drug use	6 (7)
Male-to-male sex	1 (1)
Exchanged sex for money or drugs	24 (29)
Laboratory evidence of current or past hepatitis C virus infection	72 (88)

^{*} Data were last updated on January 26, 2020.

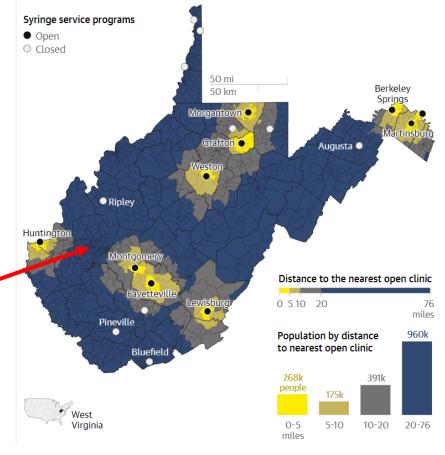


The Guardian

How restrictions on syringe programs led to a severe HIV outbreak in West

Virginia

Charleston (Kanawha County) shut down its only SSP in March 2018



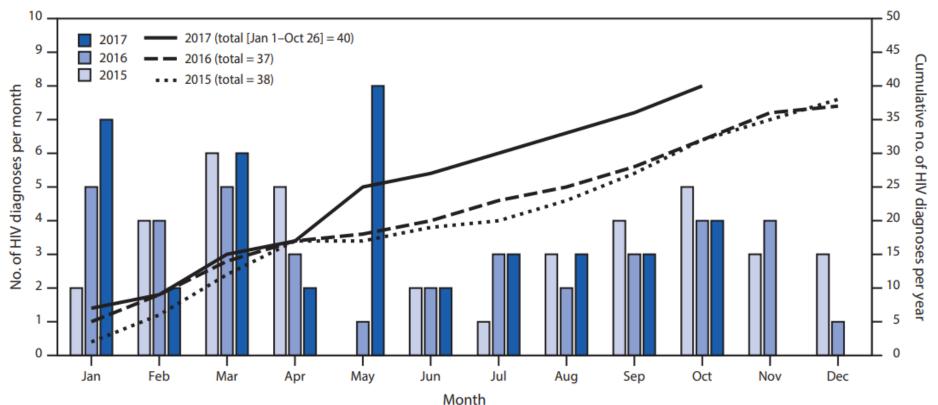


Morbidity and Mortality Weekly Report (MMWR)

Notes from the Field: HIV Infection Investigation in a Rural Area — West Virginia, 2017

Weekly / March 2, 2018 / 67(8);257-258

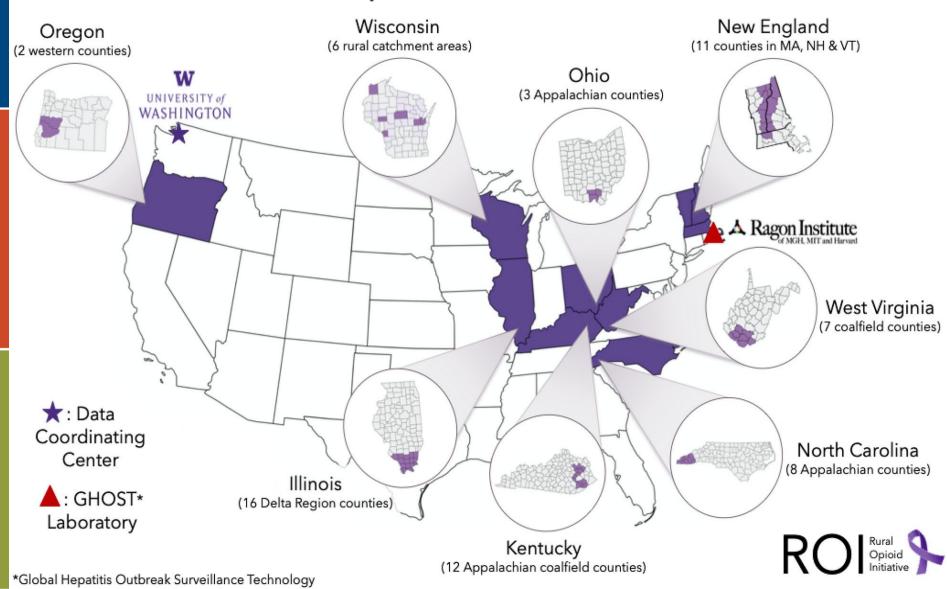
FIGURE. Number of HIV diagnoses per month and cumulative number of diagnoses per year — 15 West Virginia counties, 2015–2017





- 1. Build local collaborations, aggregate existing data and conduct a rapid epidemiological assessment to fill local data gaps, and harmonize core data elements across studies (UG3 phase; 2018-2020);
- 2. Propose locally relevant intervention projects informed by UG3 phase collaborations and assessments; and
- 3. Implement sustainable, locally tailored interventions over a period of three years (UH3 phase; ongoing)

Rural Opioid Initiative Sites



ROI Multi-site Data Collection (UG3 Phase, Jan 2018 – Mar 2020)

Quantitative

- ACASI survey of people who use drugs (PWUD)
- Recruitment via respondent-driven sampling (RDS)

Qualitative

- Key informant interviews in rural communities
- In-depth interviews with PWUD

Laboratory

- Rapid testing for HIV, HCV, Syphilis
- Next-gen sequencing of HCV+ specimens





Selected Published Findings To Date:

- Concurrent stimulant use increases risk of opioid overdose
- Stigmatization contributes to rural risk environment
- Trauma is associated with transition to injection drug use
- Internet & phone access enables addiction treatment
- Emergence of unexpected drug use behaviors (the case of "wasp dope")



Cohort description

Jenkins et al.

Addiction Science & Clinical Practice (2022) 17:38

https://doi.org/10.1186/s13722-022-00322-5

Addiction Science & Clinical Practice

RESEARCH Open Access

The Rural Opioid Initiative Consortium description: providing evidence to Understand the Fourth Wave of the Opioid Crisis

Richard A. Jenkins¹, Bridget M. Whitney², Robin M. Nance², Todd M. Allen³, Hannah L. F. Cooper⁴, Judith Feinberg⁵, Rob Fredericksen², Peter D. Friedmann⁶, Vivian F. Go⁷, Wiley D. Jenkins⁸, P. Todd Korthuis⁹, William C. Miller¹⁰, Mai T. Pho¹¹, Abby E. Rudolph¹², David W. Seal¹³, Gordon S. Smith^{5,18}, Thomas J. Stopka¹⁴, Ryan P. Westergaard¹⁵, April M. Young¹⁶, William A. Zule¹⁷, Joseph A. C. Delaney¹⁸, Judith I. Tsui² and Heidi M. Crane^{2*} on behalf of the Rural Opioid Initiative



Cohort description

Table 3 Substance use patterns among participants in the Rural Opioid Initiative by study site

	Total	Sites							
		IL	KY	NC	NE	ОН	OR	WI	wv
N	3048	173	338	350	589	258	174	991	175
Preferred drug for getting high									
Opioids ^a	1655 (54%)	81 (47%)	206 (61%)	171 (49%)	452 (77%)	183 (71%)	78 (45%)	378 (38%)	106 (61%)
Heroin [^]	1146 (38%)	34 (20%)	103 (30%)	106 (30%)	351 (60%)	124 (48%)	69 (40%)	307 (31%)	52 (30%)
Street fentanyl/carfentanil^	67 (2%)	2 (1%)	1 (< 1%)	11 (3%)	23 (4%)	21 (8%)	0	4 (< 1%)	5 (3%)
Prescription opioids [^]	293 (10%)	31 (18%)	63 (19%)	44 (13%)	44 (7%)	29 (11%)	8 (5%)	36 (4%)	38 (22%)
Buprenorphine [^]	85 (3%)	5 (3%)	36 (11%)	4 (1%)	25 (4%)	8 (3%)	1 (1%)	0	6 (3%)
Methadone [^]	45 (1%)	9 (5%)	3 (1%)	6 (2%)	7 (1%)	1 (< 1%)	0	15 (2%)	4 (2%)
Methamphetamine	1070 (35%)	74 (43%)	108 (32%)	158 (45%)	23 (4%)	61 (24%)	91 (52%)	515 (52%)	40 (23%)
Cocaine/crack	188 (6%)	12 (7%)	7 (2%)	14 (4%)	95 (16%)	8 (3%)	1 (1%)	26 (3%)	25 (14%)
Benzodiazepines	39 (1%)	4 (2%)	6 (2%)	5 (1%)	4 (1%)	1 (< 1%)	1 (1%)	18 (2%)	0



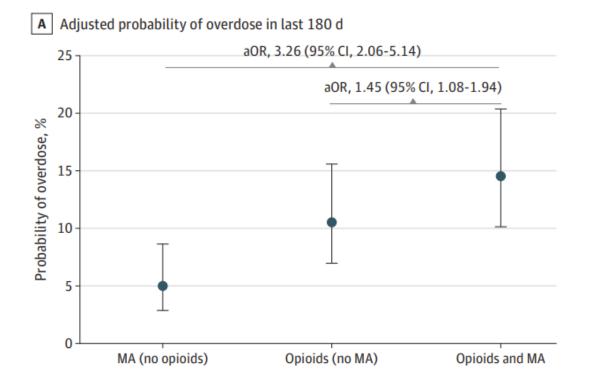


Original Investigation | Substance Use and Addiction

Association of Methamphetamine and Opioid Use With Nonfatal Overdose in Rural Communities

P. Todd Korthuis, MD, MPH; Ryan R. Cook, PhD, MSPH; Canyon A. Foot, BA; Gillian Leichtling, BA; Judith I. Tsui, MD, MPH; Thomas J. Stopka, PhD, MHS; Judith Leahy, MPH; Wiley D. Jenkins, PhD, MPH; Robin Baker, PhD; Brian Chan, MD; Heidi M. Crane, MD, MPH; Hannah L. Cooper, PhD; Judith Feinberg, MD; William A. Zule, DrPH, MPH; Vivian F. Go, PhD; Angela T. Estadt, MPH; Robin M. Nance, PhD; Gordon S. Smith, MD, MPH; Ryan P. Westergaard, MD, PhD; Brent Van Ham, MS, RN; Randall Brown, MD, PhD; April M. Young, PhD, MPH

Figure. Adjusted Probability of Methamphetamine (MA) Overdose in Last 180 Days and Adjusted Mean Lifetime Overdoses





RESEARCH Open Access



"It wasn't here, and now it is. It's everywhere": fentanyl's rising presence in Oregon's drug supply

Sarah S. Shin^{1*}, Kate LaForge¹, Erin Stack¹, Justine Pope¹, Gillian Leichtling¹, Jessica E. Larsen², Judith M. Leahy³, Andrew Seaman^{2,6,7}, Daniel Hoover², Laura Chisholm⁴, Christopher Blazes², Robin Baker⁵, Mikaela Byers⁸, Katie Branson⁴ and P. Todd Korthuis^{2,5}

"A lot of people who were never into opiates, never had a problem with opiates—were just 100 percent meth addicts—they don't really like it [methamphet-amine] now. They don't hardly ever do meth. It's all about the fetties [fentanyl pills] and more people—young people, too."

"Well, the younger generation probably is in trouble, because it's [fentanyl] just starting to get hot and get popular. The younger generation is so influenced by coolness or the popularity-ness or whatever."





Contents lists available at ScienceDirect

International Journal of Drug Policy

journal homepage: www.elsevier.com/locate/drugpo



Rural risk environments for hepatitis c among young adults in appalachian kentucky



David H. Cloud^{a,*}, Umedjon Ibragimov^a, Nadya Prood^a, April M. Young^b, Hannah L.F. Cooper^a

Economic adversity, lack of social enrichment, and stigma: Drivers of Substance Use

A barren job market, diminished formal opportunities for social enrichment, and stigma were macro-level features of the social and economic environment that shaped drug use among young adults.

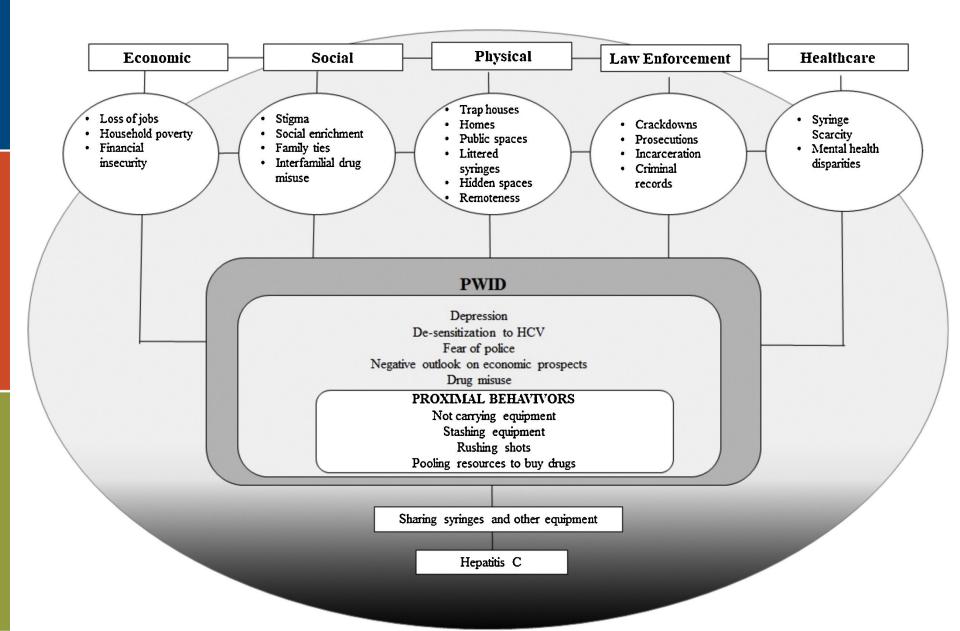
"If jobs could be found

around here. It wouldn't be that bad. We wouldn't have the depression that people are trying to fix with the drugs." An 18-year old man said: "Drugs is their [young adults] life...because there's not activities to do. That is a big thing around here. People do drugs, because there is nothing else to do."

a Emory University, Rollins School of Public Health, United States

b University of Kentucky College of Public Health, United States

Cloud et al. Rural Risk Environment for HCV



ELSEVIER

Contents lists available at ScienceDirect

Drug and Alcohol Dependence

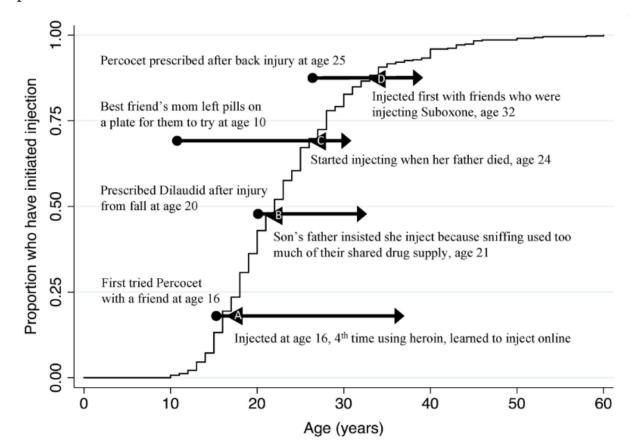




Opioid initiation and injection transition in rural northern New England: A mixed-methods approach



Kerry Nolte^{a,*}, Aurora L. Drew^{b,c}, Peter D. Friedmann^d, Eric Romo^e, Linda M. Kinney^b, Thomas J. Stopka^f

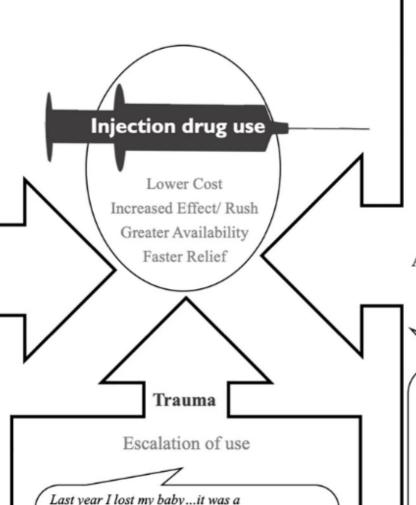




I was 12 years old...My father gave me a line of oxycodone...he just broke it out and said here, sniff this. And I said, uh how? And he showed me how he did it, and I did it. (Jacob, 24M)

Normalization of Drug Use within the Family and Community

My god it's horrible. I literally can remember...thinking that [this town] was a great area to grow up in and raise a family. And maybe I was just really extra oblivious then but, uh, it's, drugs were like scarce. [Using drugs] was the exception. Now people that don't do drugs are the exception. There's more drugs or people using... everywhere. (Amanda, 29F)



stillborn...before that I lost my best friend's dad

who was like a father to me growing up... just

just a lot of trauma happening lately...it's just a lot of things piling up. Life's pretty unforgiving

three weeks ago my mothers' boyfriend shot himself in the head in front of my mom. But it's

sometimes. (Matt, 24M)

So they took me in and did surgery and they put me on, um oxycontins 60 milligrams four times a day...And that's why I got addicted. I was on it for two or three years, and then finally they shut me off...They supposedly got a call saying that we were abusing meds or selling them or whatever...I know like four or five people that... all got shut off the same day...I tried to find the pill if I had the money. But yeah, you couldn't. .. Yes, so I went to the heroin. (Michelle, mid-50s F)

Abrupt Discontinuation of Opioid Prescriptions

Transition to Illicit drugs

And then the doctor took them away from me and I was in pain. I was sick, throwing up... physically was sick from it, from not having it. And where did I go? I went to the streets to find them. And then that became too expensive. And then I went to heroin. (Jessica, 32F)

Key:

Themes Subthemes

THE JOURNAL OF RURAL HEALTH



ORIGINAL ARTICLE

Substance use disorder treatment and technology access among people who use drugs in rural areas of the United States: A cross-sectional survey Dana Button MCR¹ | Ximena A. Levander MD, MCR¹ | Ryan R. Cook PhD¹

	Received outpatient addiction counseling within past 30 days (OR)	Received any MOUD within past 30 days (OR)
Cell and internet		
Unadjusted	1.28 (1.07-1.53), P = .0072	1.22 (1.01-1.48), P = .036
Adjusted	1.28 (1.05-1.57), P = .014	1.16 (0.94-1.44), P = .16
No cell		
Unadjusted	0.78 (0.65-0.94), P = .011	0.83 (0.68-1.004), P = .057
Adjusted	0.77 (0.62-0.94), P = .013	0.86 (0.69-1.07), P = .19
No internet		
Unadjusted	0.87 (0.64-1.17), P = .36	1.01 (0.74-1.37), P = .94
Adjusted	0.80 (0.57-1.12), P = .19	0.91 (0.64-1.29), P = .61
No cell nor internet		
Unadjusted	0.71 (0.46-1.06), P = .11	0.92 (0.60-1.37), P = .71
Adjusted	0.63 (0.40-0.99), P = .046	0.83 (0.53-1.31), P = .42

N= 3,026 PWUD:

No cell phone: 35%

No internet 30d: 10%



RESEARCH Open Access



Predictors of skin and soft tissue infections among sample of rural residents who inject drugs

Amelia Baltes^{1*}, Wajiha Akhtar², Jen Birstler³, Heidi Olson-Streed⁴, Kellene Eagen¹, David Seal⁵, Ryan Westergaard² and Randall Brown¹

Factors associated with SSTI among Wisconsin UG3 Sample (N=80)

Risk Factor	Odds Ratio
Female sex	3.07 (p=0.038)
"skin-popping"	6.0 (p=0.038)
Injecting into muscle	17.4 (p<0.01)
Multiple injection attempts	1.7 (p=0.037)



SHORT REPORT

doi:10.1111/add.15291

Emergence of wasp dope in rural Appalachian Kentucky

April M. Young^{1,2}, Melvin Livingston³, Rachel Vickers-Smith^{1,2,4}, & Hannah L. F. Cooper³

WKYT Investigates | 'Wasp dope' becomes new addictive high in pandemic

A new study shows just how prevalent the drug is in eastern Kentucky.





Hepatitis C Virus Transmission Clusters in Public Health and Correctional Settings, Wisconsin, USA, 2016–2017¹

Karli R. Hochstatter,² Damien C. Tully,² Karen A. Power, Ruth Koepke, Wajiha Z. Akhtar, Audrey F. Prieve, Thomas Whyte, David J. Bean, David W. Seal, Todd M. Allen,³ Ryan P. Westergaard³

Hepatitis C Virus Clusters, Wisconsin, USA

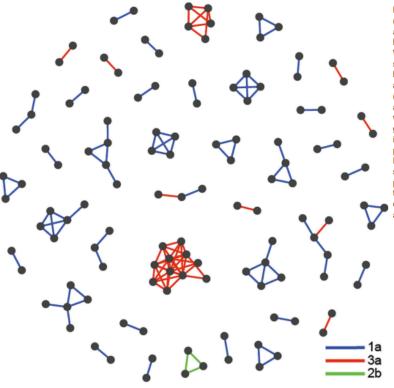
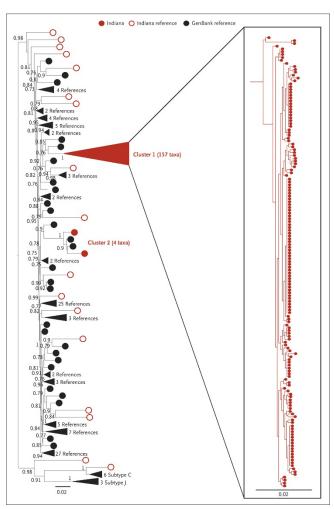


Figure 2. Hepatitis C virus (HCV) transmission network among persons in public health and corrections settings. Wisconsin, USA, 2016-2017, showing 42 clusters identified by Global Hepatitis Outbreak and Surveillance Technology (GHOST). Each node represents an HCV-infected person for whom HCV sequence data were generated. A transmission link is denoted as a line connecting persons where the minimal Hamming distance between sequences is smaller than the previously validated genetic threshold of 3.77%. Lines connecting clusters are colored according to genotype.



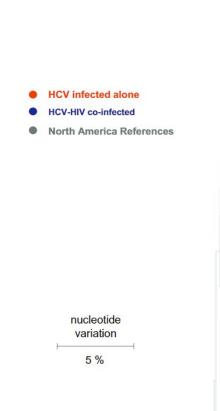
Molecular epidemiology shows how HIV outbreaks can be prevented



- Of 159 HIV cases identified in the outbreak, 157 (99%) were genetically linked.
- Indicates a single common (recent) introduction.



Molecular epidemiology shows how HIV outbreaks can be prevented



- Of 181 HIV cases diagnosed in Scott County, 90% also had hepatitis C virus (HCV)
- Sequencing demonstrated 23 distinct genetic clusters
- 30% of HCV cases belonged to no cluster

ANNIVERSARY

Cluster 1 (N=103 & 32)

Cluster 4 (N= 24 & 11)

Cluster 5 (N= 7 & 5)

Dynamics of the HIV outbreak and response in Scott County, IN, USA, 2011–15: a modelling study



Gregg S Gonsalves, Forrest W Crawford

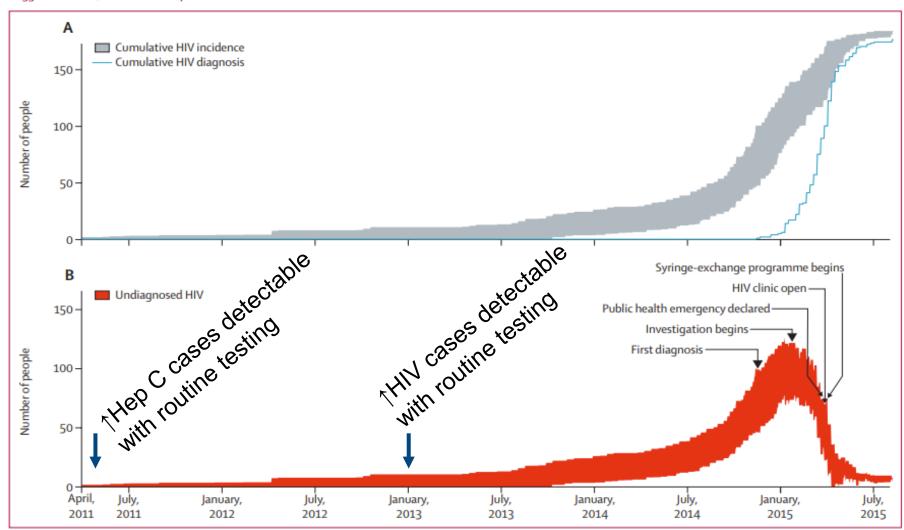


Figure 1: Raw and reconstructed data from the HIV outbreak in Scott County, IN, USA, from April, 2011, to August, 2015

National Viral Hepatitis Strategic Plan

The plan provides a framework to eliminate viral hepatitis as a public health threat in the United States by 2030.

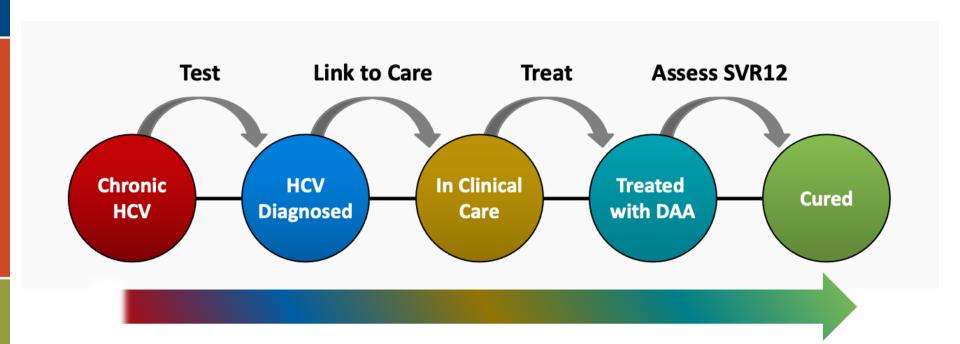
The five goals are to:

- Prevent new viral infections
- Improve viral hepatitis-related health outcomes of people with viral hepatitis
- Reduce viral hepatitis-related disparities and health inequities

- Improve viral hepatitis surveillance and data usage
- Achieve integrated, coordinated efforts that address the viral hepatitis epidemics among all partners

ANNIVERSARY

Hepatitis C Care Continuum





JAMA | US Preventive Services Task Force | RECOMMENDATION STATEMENT

Screening for Hepatitis C Virus Infection in Adolescents and Adults US Preventive Services Task Force Recommendation Statement

US Preventive Services Task Force

Summary of Recommendation

The USPSTF recommends screening for hepatitis C virus (HCV) infection in adults aged 18 to 79 years.

В

How often?

One-time screening for most adults.

Periodically screen persons with continued risk for HCV infection (eg, persons with past or current injection drug use). There is limited evidence to determine how often to screen persons at increased risk.



https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hepatitis-c-screening

HCV Treatment Recommendations



HCV Guidance: Recommendations for Testing, Managing, and Treating Hepatitis C



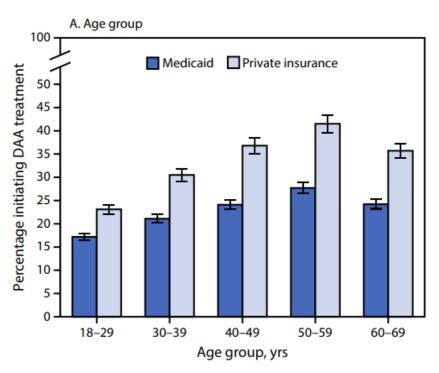
Recommendation for When and in Whom to Initiate Treatment	
RECOMMENDED	RATING 1
Treatment is recommended for all patients with chronic HCV infection, except those with a short life expectancy that cannot be remediated by HCV therapy, liver transplantation, or another directed therapy. Patients with a short life expectancy owing to liver disease should be managed in consultation with an expert.	I, A

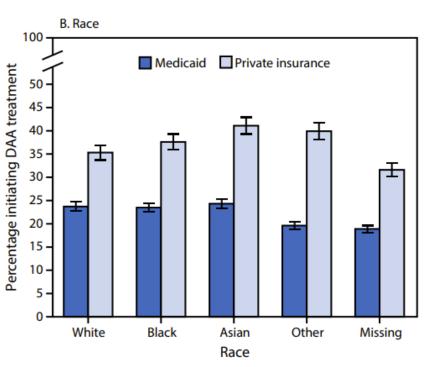


Vital Signs: Hepatitis C Treatment Among Insured Adults — United States, 2019–2020

William W. Thompson, PhD^{1,*}; Hasan Symum, PhD^{2,*}; Amy Sandul, DHSc¹; Neil Gupta, MD¹; Priti Patel, MD¹; Noele Nelson, MD, PhD¹; Jonathan Mermin, MD²; Carolyn Wester, MD¹

FIGURE 2. Percentage of adults* with hepatitis C initiating direct-acting antiviral treatment, by insurance type, age group (A), and race (B) — United States, 2019–2020





Abbreviation: DAA = direct-acting antiviral.

* With 95% CIs shown by error bars.

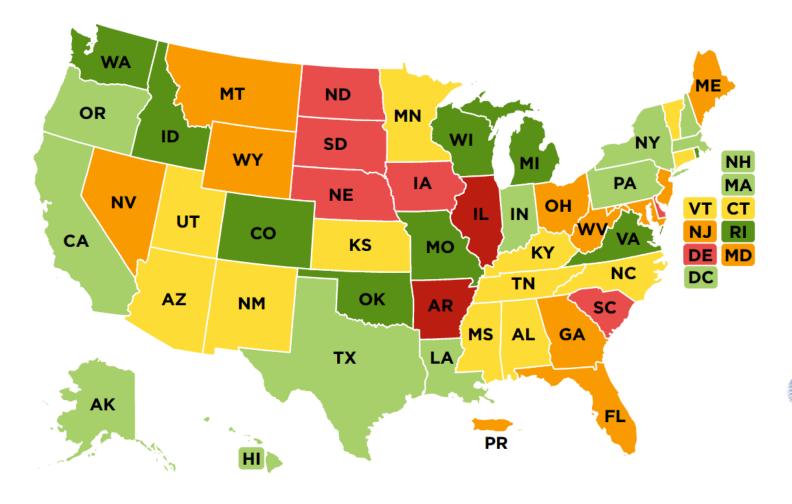


Medicaid: State of HCV Treatment Access

- The Center for Health Law and Policy Innovation of Harvard Law School (CHLPI) and the National Viral Hepatitis Roundtable (NVHR) assess the state for access to DAAs for Medicaid enrollees across America.
- The national report and state-by-state report cards provide an in-depth evaluation of Direct Acting Antivirals (DAAs) access in each state's Medicaid program, while highlighting successes in access expansion as well as ongoing challenges.
- Wisconsin went from a grade D to a grade A by lifting all Medicaid restrictions.



SEE HOW YOUR STATE MATCHES UP







Thank you!

Contact me:

Ryan Westergaard rpw@medcine.wisc.edu

