



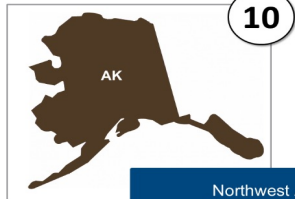
Native American &
Alaska Native
Leadership Academy

IOWA

SAMHSA
Substance Abuse and Mental Health
Services Administration

The Leadership Academy Project Series

Community Based Change
Through Leadership Initiatives
April 24, 2023



Northwest ATTC
 University of Washington
 Seattle, WA
 Director: Bryan Hartzler

Northwest MHTTC
 University of Washington
 Seattle, WA
 Co-Director: Lydia Ann Chwastiak
 Co-Director: Maria Monroe-DeVita

Northwest PTTC
 University of Washington
 Seattle, WA
 PI: Kevin Haggerty
 WSU Project Director: Brittany Rhoades-Cooper
 UNR Project Director: Michelle Frye-Spray

Pacific Southwest ATTC
 University of California, Los Angeles
 Los Angeles, CA
 Director: Thomas Freese

Pacific Southwest MHTTC
 Center for Applied Research Solutions (CARS)
 Santa Rosa, CA
 Director: Christina Borobely
 Co-Director: Rachele Espiritu
 Executive Director: Kerilyn Scott-Nakai

Pacific Southwest PTTC
 University of Nevada, Reno
 Reno, NV
 Project Director: Alyssa O'Hair

National Hispanic & Latino ATTC
 National Latino Behavioral Health Association
 Cochiti Lake, NM & Atlanta, GA
 Director: Pierluigi Mancini

National Hispanic & Latino MHTTC
 Universidad Central del Caribe
 Bayamon, Puerto Rico
 Director: Ibis Carrion

National Hispanic & Latino PTTC
 National Latino Behavioral Health Association
 Cochiti Lake, NM & Atlanta, GA
 Director: Pierluigi Mancini
 Co-Director: Dolka Michelle Zelaya

Other Region 9 Sites:
 Guam
 America Samoa
 Trust Territories
 Commonwealth of the Northern Mariana Islands

Mountain Plains ATTC
 University of North Dakota
 Grand Forks, ND
 Director: Thomasine Heitkamp

Mountain Plains MHTTC
 University of North Dakota
 Grand Forks, ND
 Co-Director: Thomasine Heitkamp
 Co-Director: Dennis Mohatt

Mountain Plains PTTC
 University of Utah
 Salt Lake City, UT
 Director: Jason Burrow-Sanchez
 Co-Director: Marjean Nielsen

National American Indian & Alaska Native ATTC
 University of Iowa
 Iowa City, IA
 Director: Anne Helene Skinstad

National American Indian & Alaska Native MHTTC
 University of Iowa
 Iowa City, IA
 Director: Anne Helene Skinstad
 Co-Director: Sean Bear

National American Indian & Alaska Native PTTC
 University of Iowa
 Iowa City, IA
 Director: Anne Helene Skinstad
 Co-Director: Sean Bear

Great Lakes ATTC
 University of Wisconsin
 Madison, WI
 Director: Todd Molfenter

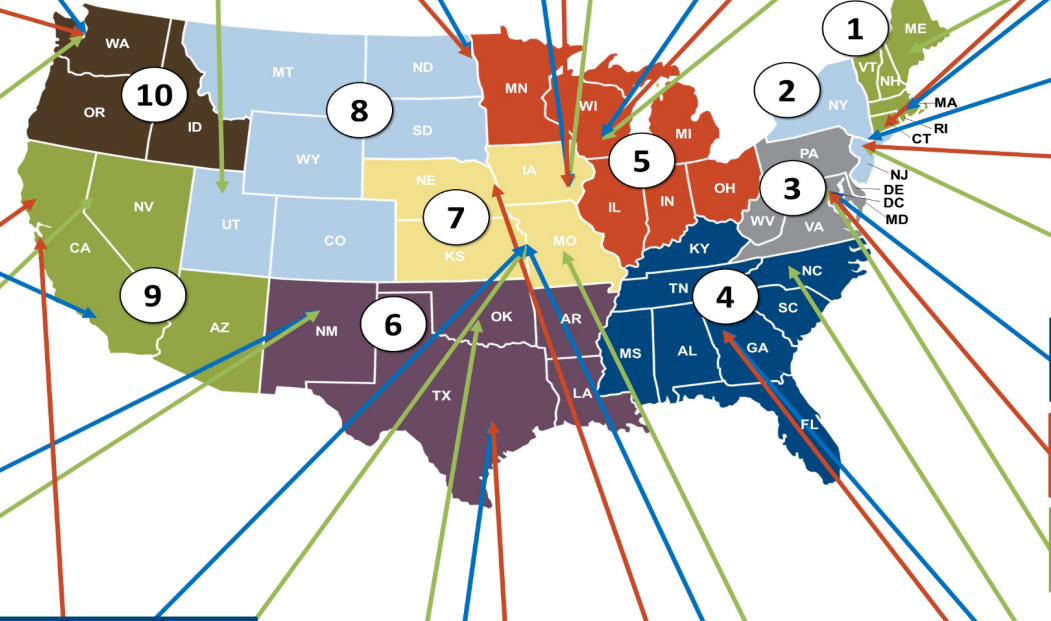
Great Lakes MHTTC
 University of Wisconsin
 Madison, WI
 Director: Todd Molfenter
 Co-Director: Lou Kurtz

Great Lakes PTTC
 University of Wisconsin
 Madison, WI
 Director: Todd Molfenter
 Co-Director: Julia Parnell

New England ATTC
 Brown University
 Providence, RI
 Director: Sara Becker

New England MHTTC
 Yale University
 New Haven, CT
 Director: Larry Davidson

New England PTTC
 AdCare Maine
 Augusta, ME
 Director: Scott M. Gagnon



Northeast & Caribbean ATTC
 NDRRI, Inc.
 New York, NY
 Director: Michael Chaple

Northeast & Caribbean MHTTC
 Rutgers University
 New Brunswick, NJ
 Director: Kenneth Gill
 Co-Director: Ann Murphy

Northeast & Caribbean PTTC
 Rutgers University
 New Brunswick, NJ
 Director: Kristen Powell

Central East ATTC
 Danya Institute, Inc.
 Silver Spring, MD
 Director: Renata Henry

Central East MHTTC
 Danya Institute, Inc.
 Silver Spring, MD
 PI: Renata Henry
 Director: Oscar Morgan

Central East PTTC
 Danya Institute, Inc.
 Silver Spring, MD
 Director: Deborah Nixon Hughes

ATTC Network Coordinating Office
 University of Missouri – Kansas City
 Kansas City, Missouri
 Director: Holly Hagle
 Co-Director: Laurie Krom

MHTTC Network Coordinating Office
 Stanford University School of Medicine
 Palo Alto, CA
 Director: Heather Gotham

PTTC Network Coordinating Office
 University of Missouri – Kansas City
 Kansas City, Missouri
 Director: Holly Hagle
 Co-Director: Laurie Krom

South Southwest ATTC
 University of Texas
 Austin, TX
 Director: Maureen Nichols

South Southwest MHTTC
 University of Texas
 Austin, TX
 Director: Molly Lopez
 Co-Director: Stacey Stevens Manser

South Southwest PTTC
 University of Oklahoma
 Norman, OK
 Director: Marie Cox
 Co-Director: LaShonda Williamson-Jennings

Mid-America ATTC
 Truman Medical Center
 Kansas City, MO
 Director: James Glenn
 Co-Director: Pat Stilen

Mid-America MHTTC
 University of Nebraska Medical Center
 Omaha, NE
 Director: Joseph Evans
 Co-Director: Howard Liu

Mid-America PTTC
 ACT Missouri
 Jefferson City, MO
 PI: Chuck Daugherty
 Director: Dave Closson

Southeast ATTC
 Morehouse School of Medicine
 Atlanta, GA
 Director: Dawn Tyus

Southeast MHTTC
 Emory University
 Atlanta, GA
 Director: Benjamin G. Druss
 Deputy Director: Janet Cummings

Southeast PTTC
 Wake Forest School of Medicine
 Winston-Salem, NC
 Director: Mark Wolfson
 Co-Director: Kimberly Wagoner

PR
USVI
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American Indian & Alaska Native Technology Transfer Centers

*Map not to scale

SAMHSA

Substance Abuse and Mental Health
Services Administration

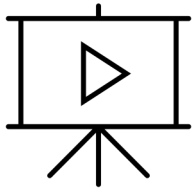
The National American Indian and Alaska Native Addiction Technology Transfer Center is supported by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The content of this event is the creation of the presenter(s), and the opinions expressed do not necessarily reflect the views or policies of SAMHSA, HHS, or the American Indian & Alaska Native ATTC.

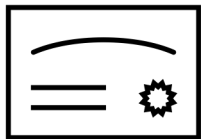


Follow-up

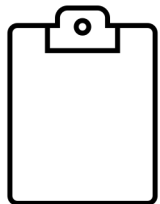
Following today's event, you will receive a follow up email, which will include:



Links to the presentation slides and recording, if applicable



Information about how to request and receive certificates of participation



Link to our evaluation survey (GPRA)

Land Acknowledgement

We would like to take this time to acknowledge the land and pay respect to the Indigenous Nations whose homelands were forcibly taken over and inhabited.

Past and present, we want to honor the land itself and the people who have stewarded it throughout the generations.

This calls us to commit to forever learn how to be better stewards of these lands through action, advocacy, support, and education.

We acknowledge the painful history of genocide and forced occupation of Native American territories, and we respect the many diverse Indigenous people connected to this land on which we gather from time immemorial.

While injustices are still being committed against Indigenous people on Turtle Island, today we say thank you to those that stand with Indigenous peoples and acknowledge that land reparations must be made to allow healing for our Indigenous peoples and to mother earth, herself.

Dekibaota, Elleh Driscoll, Meskwaki and Winnebago Nations

Ttakimaweakwe, Keely Driscoll, Meskwaki and Winnebago Nations

Ki-o-kuk, Sean A. Bear, 1st. Meskwaki



The Leadership Academy Project Series– Community Based Change Through Leadership Initiatives

April 24: Integrating Cultural Ideology into Tribal Health Practices:

Jason Butler, MS, Ute Tribe

May 15: Mashkizibii Mentoring Project - Bad River Survival Revival Series:

Lynn Maday, Peer Coordinator, Sr, Medweoshkakwe (Ojibwe)

May 22: Healing is Resistance – Recovery as Liberation:

Maria C. Molina, LCSW, she/her/hers, Pascua Yaqui Tribe

June 5th: Yoeme Life Skills Curriculum: Nau Te Inetene – Together We Heal:

Bridget Valenzuela, M.Ed, BHT, Pascua Yaqui Tribe

June 12th: Implementing Trauma Informed Care in Primary Care Settings:

Melanie Hazle, MSBS, LMFT, Choctaw Nation Tribe

June 19th: Modoc Ancestral Run: Transcending Trauma through connection:

Monica (Yellowowl) Super, CADC, CPS, Pit River Tribe

Jason Butler Presents

“Integrating Cultural Ideology into Tribal Health Practices”

Jason Butler is a member of the Ute Indian Tribe from Fort Duchesne, Utah. He is currently employed in Idaho by the Shoshone-Bannock Tribes, Tribal Health and Human Services, as the Behavioral Health Manager. Jason's main goal is to work within the community to strengthen bonds and implement culturally based behavioral health services to create healing and wellness.



Jason Butler, MS, Ute Tribe

American Indian and Alaskan Native Leadership Academy: Integrating Cultural Ideology into Tribal Health Practices

JASON BUTLER

MENTOR ROY PACK

The Importance of Culture

- ▶ Establishes identity
- ▶ Gives meaning to our lives
- ▶ Offers solutions to the many obstacles that we face in our lives
- ▶ Helps us define our roles within our family, community, tribe, and society
- ▶ How prevalent are cultural practices today?

The Assimilation into Western Society

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- ▶ Opposing ideology
 - ▶ Religion
 - ▶ Capitalism
 - ▶ Individualism vs collectivism
 - ▶ Connection to mother earth
 - ▶ Family structure
 - ▶ Attempts were made to dismantle the traditional family structure
 - ▶ Overall way of life
- ▶ Struggle to adapt

Historical Trauma

- ▶ Intergenerational trauma has negatively impacted Native American individuals and families
- ▶ Forced assimilation
- ▶ Genocide
- ▶ Relocation
- ▶ Boarding schools
- ▶ Poor living conditions and struggles adapting
 - ▶ Alcohol and drug use
 - ▶ Domestic violence
 - ▶ Sexual abuse
 - ▶ Poverty
 - ▶ Disease and death
 - ▶ Suicide
 - ▶ Impacts health outcomes

Integrating Native American Traditions into Modern Day Living

- ▶ A project in cooperation with Counseling and Family Services
- ▶ Traditional Family roles for all family members
- ▶ How to fulfill roles in modern society
- ▶ Dialectical Behavioral Therapy (DBT)
 - ▶ Mindful breathing
 - ▶ Live in the present moment
 - ▶ Using Coping Thoughts
- ▶ Classes were taught at the Counseling and Family Services, Victims Assistance Program, and the Shoshone-Bannock Tribal Corrections Center

Strengthening Families

- ▶ Evidence based program
- ▶ Developed with the First Nations people of Canada in mind
- ▶ Joint Shoshone-Bannock tribal health project
- ▶ Parenting skills, child social skills, and family skills
- ▶ Attachment and Bonding, communication, and parental supervision and setting limits
- ▶ Open to all community members

Shoshone-Bannock Tribes Culture and Language Preservation Dept.

- ▶ Wellness Grant
- ▶ Help the community understand the connection between culture and wellness
- ▶ Tribal Health involvement
- ▶ Community events and projects that combine cultural activities with tribal health treatment methods
 - ▶ Recovery Garden with FDTC peer support services
 - ▶ Dialectical Behavioral Therapy with counseling and family services
 - ▶ Sweat lodge with FDTC and CFS
 - ▶ Gathering roots and herbs FDTC peer recovery support services

Pros of Creating a Joint Project

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- ▶ Culture and language preservation can add cultural component
- ▶ Tribal Health can be more effective
- ▶ Combining traditional knowledge with academic knowledge brings balance
- ▶ Utilize Momentum from Integrating Culture and Strengthening Families
- ▶ There are several families that are willing to take time to learn
- ▶ Families that have completed these programs serve as a catalyst

Barriers May Arise

- ▶ Politics play a role in collaboration and promoting large scale change
 - ▶ Workplace
 - ▶ Community
 - ▶ Tribal council
- ▶ Egos can get in the way of progress
- ▶ Personnel changes
- ▶ Traditional teachings and culture are very sensitive topics
- ▶ Change is difficult
- ▶ Maintaining morale in the face of adversity

Overall Outlook

- ▶ Not as difficult as it may seem by simplifying
- ▶ The need exists
- ▶ The resources are available
- ▶ There is a vision
- ▶ IT CAN BE DONE!!!

Immediate Impact

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- ▶ Disruption of routine
- ▶ Struggle
- ▶ Relapse

Project???

Plan???



Take a moment to assess my surroundings...

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Peer Support During the Pandemic

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- ▶ Tribes shut down with no indication of when we would reopen and return to work

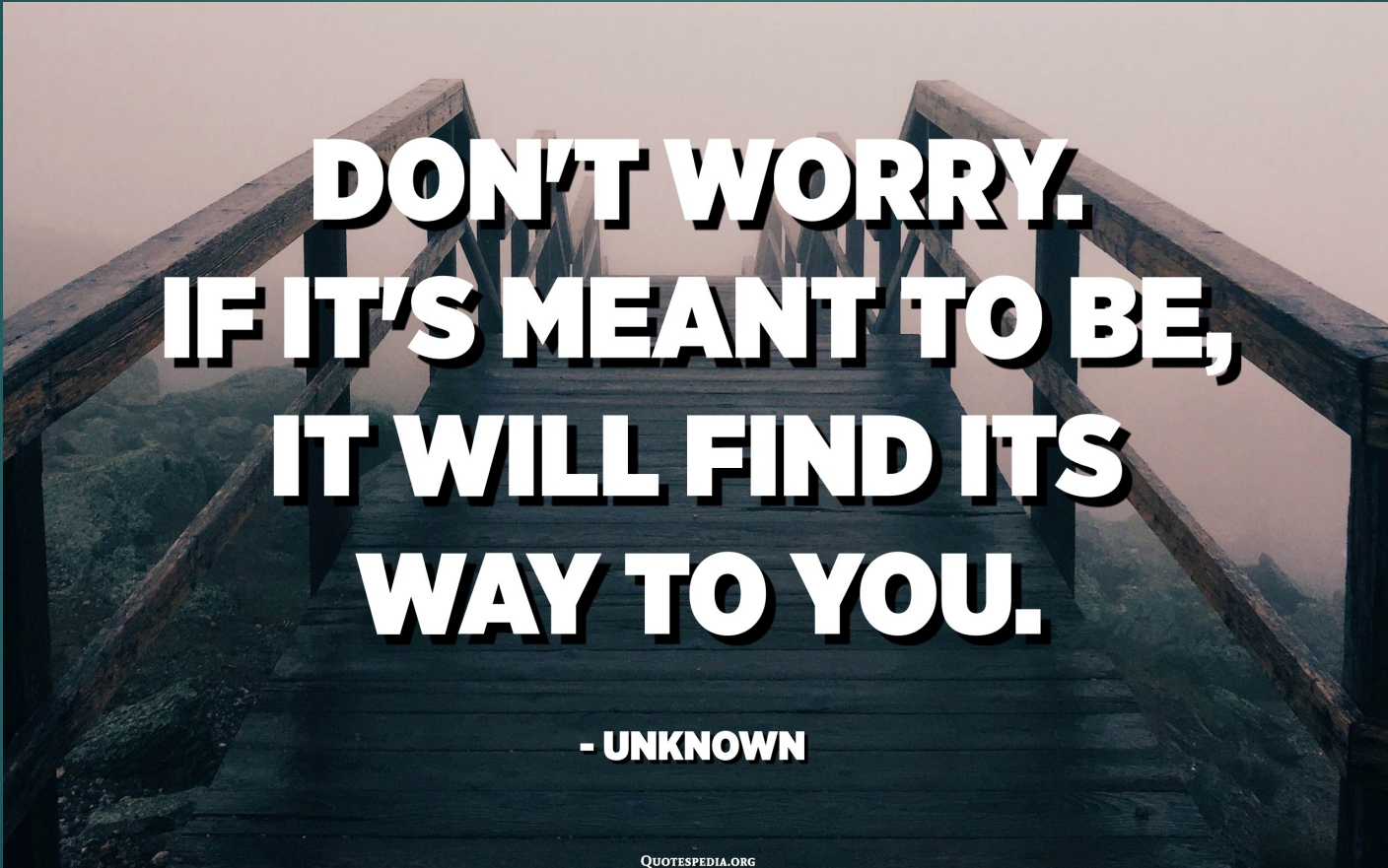
Peer Support During the Pandemic

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- ▶ Online Classes
- ▶ Online Support Meetings
- ▶ Online Prayer Meeting
- ▶ More flexibility in contacting clients/patients
- ▶ Recovery Garden
- ▶ Live updates
- ▶ Utilizing social media
- ▶ Online peer support training

Sometimes leadership is simply about trusting the path you are on

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A photograph of a wooden bridge with railings, extending over a valley. The bridge is made of dark wood and has a simple railing. The valley below is filled with green trees and is shrouded in a light mist or fog. The sky is a pale, hazy blue. The overall mood is serene and contemplative.

**DON'T WORRY.
IF IT'S MEANT TO BE,
IT WILL FIND ITS
WAY TO YOU.**

- UNKNOWN

Overall Result

- ▶ Reached more people than ever before
- ▶ Were able to apply methods to include telehealth for entire treatment center
- ▶ Eventually telehealth would begin to be utilized by all of Tribal Health

Had to think on the fly and improvise

- ▶ No was not an option!

Any Questions?

The Leadership Academy Rocks!!!

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- ▶ The leadership academy has been a life saver
- ▶ Growth on a personal and professional level
- ▶ Found solutions to problems in a timely manner
- ▶ Increased work productivity
- ▶ Helping to create a healthier work environment
- ▶ We will be able to implement changes that will make a lasting impact
- ▶ The best thing that could have possibly happened

Evaluation Link

- Please complete our evaluation of today's event. We greatly appreciate your feedback!
- <https://ttc-gpra.org/P?s=425427>

