



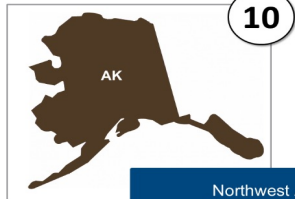
Native American &
Alaska Native
Leadership Academy

IOWA

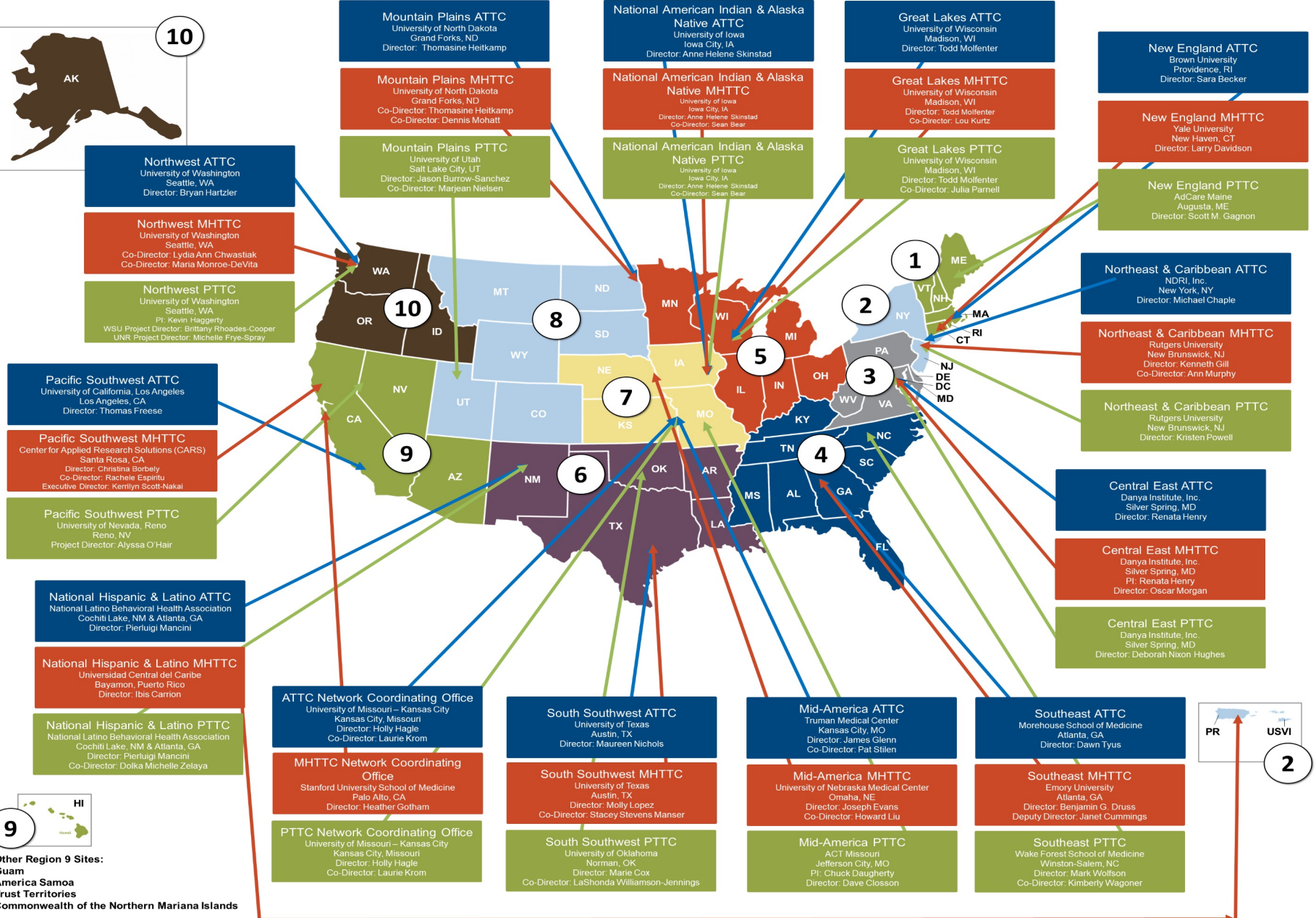
SAMHSA
Substance Abuse and Mental Health
Services Administration

The Leadership Academy Project Series

Community Based Change
Through Leadership Initiatives
May 15, 2023



10



American Indian & Alaska Native Technology Transfer Centers

Other Region 9 Sites:
 Guam
 America Samoa
 Trust Territories
 Commonwealth of the Northern Mariana Islands

*Map not to scale

SAMHSA

Substance Abuse and Mental Health
Services Administration

The National American Indian and Alaska Native Addiction Technology Transfer Center is supported by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The content of this event is the creation of the presenter(s), and the opinions expressed do not necessarily reflect the views or policies of SAMHSA, HHS, or the American Indian & Alaska Native ATTC.



The Leadership Academy Project Series– Community Based Change Through Leadership Initiatives

April 24: Integrating Cultural Ideology into Tribal Health Practices:

Jason Butler, MS, Ute Tribe

May 15: Mashkizibii Mentoring Project - Bad River Survival Revival Series:

Lynn Maday, Peer Coordinator, Sr, Medweoshkakwe (Ojibwe)

May 22: Healing is Resistance – Recovery as Liberation:

Maria C. Molina, LCSW, she/her/hers, Pascua Yaqui Tribe

June 5th: Yoeme Life Skills Curriculum: Nau Te Inetene – Together We Heal:

Bridget Valenzuela, M.Ed, BHT, Pascua Yaqui Tribe

June 12th: Implementing Trauma Informed Care in Primary Care Settings:

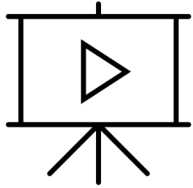
Melanie Hazle, MSBS, LMFT, Choctaw Nation Tribe

June 19th: Modoc Ancestral Run: Transcending Trauma through connection:

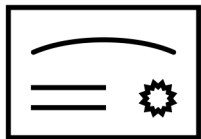
Monica (Yellowowl) Super, CADC, CPS, Pit River Tribe

Follow-up

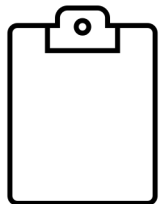
Following today's event, you will receive a follow up email, which will include:



Links to the presentation slides and recording, if applicable



Information about how to request and receive CEUs



Link to our evaluation survey (GPRA)



Land Acknowledgement

We would like to take this time to acknowledge the land and pay respect to the Indigenous Nations whose homelands were forcibly taken over and inhabited.

Past and present, we want to honor the land itself and the people who have stewarded it throughout the generations.

This calls us to commit to forever learn how to be better stewards of these lands through action, advocacy, support, and education.

We acknowledge the painful history of genocide and forced occupation of Native American territories, and we respect the many diverse Indigenous people connected to this land on which we gather from time immemorial.

While injustices are still being committed against Indigenous people on Turtle Island, today we say thank you to those that stand with Indigenous peoples and acknowledge that land reparations must be made to allow healing for our Indigenous peoples and to mother earth, herself.

Dekibaota, Elleh Driscoll, Meskwaki and Winnebago Nations

Ttakimaweakwe, Keely Driscoll, Meskwaki and Winnebago Nations

Ki-o-kuk, Sean A. Bear, 1st. Meskwaki

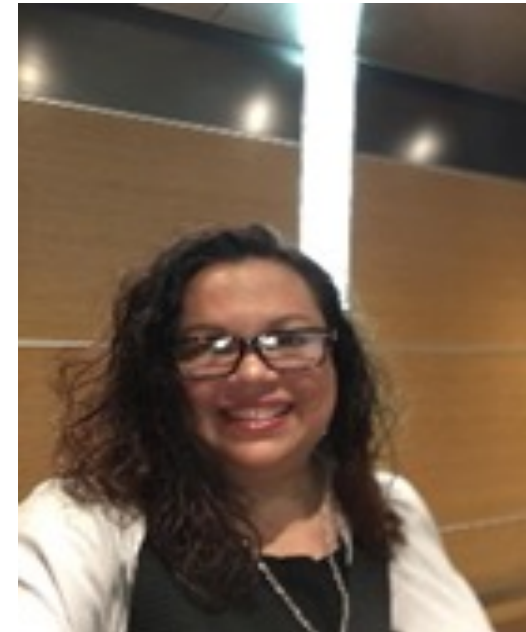


Lynn Maday Presents

“Mashkizibii Mentoring Project – Bad River Survival Revival Series”

Lynn Maday is a proud graduate of Leadership Academy in which she honed her skills working with her peers across Turtle Island. She is employed by the State of Wisconsin as Senior Peer Coordinator in which she is responsible for all things peer (those that identify with mental health and substance use challenges, including parents) throughout the state, including the 12 tribal nations. She is a mentor for the Emerging Leaders Program in which she works with BIPOC individuals who are joining the mental health workforce.

Her passion is working with youth in prevention, peers with lived experience with mental health and substance use and facilitating various trainings. She lives on the Bad River reservation with her family and enjoys harvesting plants, medicines, wild rice, maple syrup and walleye.



**Lynn Maday, Medweoshkakwe
(ojibwe)**



Mashkizibii Mentoring Project

Bad River's Survival Revival Series

Lynn Maday
May 15, 2023



Timeline for Project

August 2019- Identify the resources needed for the project

September – November 2019- Hunting Mentoring project- Birth of Survival Revival Series

December 2019-March 2020 Engage youth and elders through storytelling events

January 2020- meet with school staff to begin planning for mentorship program and possible school on reservation for 20/21

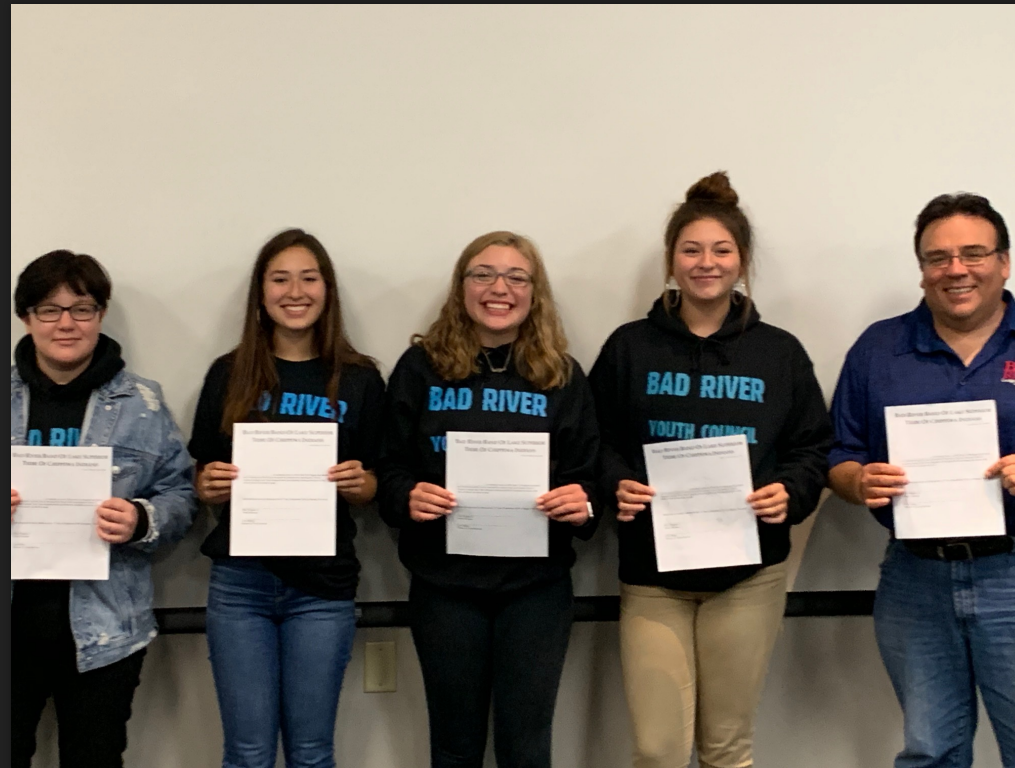
February 2020- mentorship pilot with one student/begin Mental Health First Aid classes with all sophomores within the school

March – April 2020 – add youth mentees to the pilot project

May – August 2020 – Engage youth ages 12-17 for traditional teachings, wellness and work skills

September 2020-June 2021- Have youth doing internships/earning credits within rez.

2019-20 Youth Council



Example of our Survival Revival Series



Ginandomigoom wenijjaanisiyeg (We invite those who have kids)



Elderly Storytelling Events

Survival Revival Series

Thursdays at 4:30pm Elderly Building

Throughout the winter

Mentoring our Youth

Building relationships
through cultural
teachings and
experiences

First event: Volunteers for hunting

Created a hunting cohort to teach the basics of hunting. Teamed with the Vocational Rehabilitation program to furnish youth with hunting apparel and supplies. Painted two ground blinds for hunting with the youth and the mentors.

Had an overnight half mile hike into a cabin and shared many skills.



Giiwaase Zwenidig Teachings (We hunt together)

Survival Revival Series

September 24, 2019

5:00pm

Bad River Gun Range

Youth (ages 10-14) and Adults that want to learn to hunt, harvest, process, cook deer, small game, ducks, partridge, turkeys, etc.

Must register for hunters safety at gowild.wi.gov with the classes starting on October 1, 2019

Mentors will be teaching the skills needed to hunt including asemaa teachings, construction of community tree stands, outdoor skills, and a overnight Deer Camp Workshop

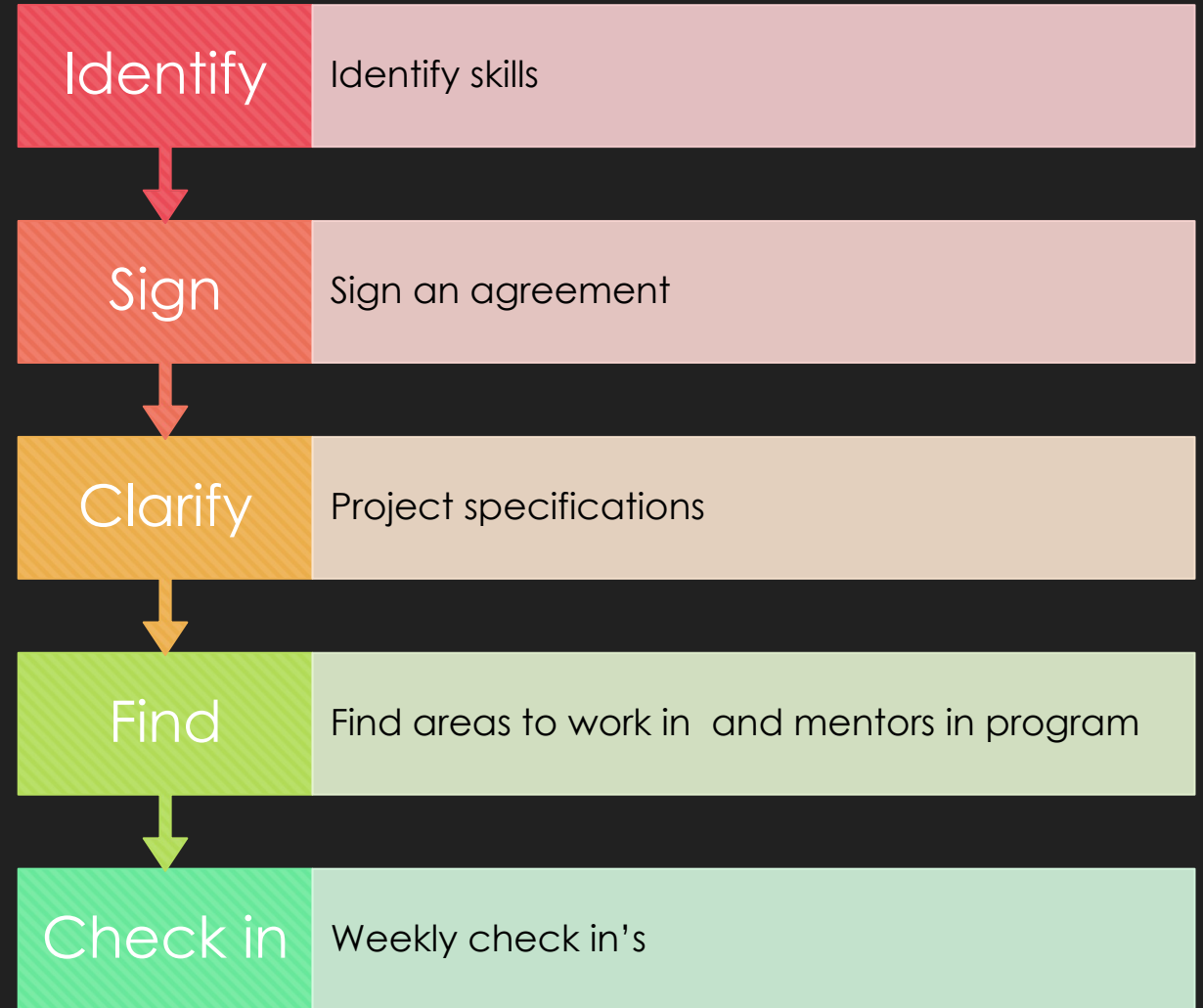
For questions and sign up contact Lynn Bigboy 715.682.7111 ext 1439

L.bigboy@badriver-nsn.gov

Mentoring with high school students

Identifying youth that have expressed a need to build job skills, cultural knowledge, and identify a project that will benefit the student and Youth Services program

In January 2020, identified a youth to begin the program



Preliminary Internship

Non-paid but credit earning internship with 17 yo with a need for job skills and an interest in working with youth

- Will work with outside agencies for help with job skills training (VRNA, DVR)
- Engage other tribal agencies to create partnerships
- Engage Elders to mentor
- Create a portfolio with school staff with intern
- Present to tribal leadership, school, and community
- Expand program

Internship Continues



Traumas to consider

Removal of Lands

- Forced removal of lands to reservations- resulting in dependance of federal government
- Spiritual beliefs are forced on the indians and their own cermonies are illegal
- Children removed from their families and brought to schools across the nation

Missionaries

- Indigenous people are "othered "from the rest of society and seen as a threat
- Removal of Lands
- Missionaries
- Children are taken
- "Othering"

Values of our people

What is our culture without gathering?

Indigenous people are a collective society that believes that working together is the way of survival. Ceremonies, hunting and gathering in camps through the seasons, and a strong connection with the land, air and sun and moon.

From birth with the naming ceremony, to adolescence, with the berry fast and young man teachings, to adulthood and the rolls in which are expected, to the elder status in which they are held at the highest regard as they share stories and the history of the nation.

Bring youth together to drum

Bad River Elementary school drum



Healing

- Recognizing the historical trauma and the challenges of the pandemic as another trauma:
- How do we come together?
- How do we reach the most vulnerable?
- What can be done to heal with culture?
- Who will step forward to lead? When do we know it's effective?

PANDEMIC CHALLENGES

What do we need to do?

Stay in place order

School and internet access

Food insecurity

Main income removed (casino)

Mental Health

Substance use increase

Gathering camps suspended

Elders without support

Lack of ceremonies

How do we help our youth with the challenges of C19?

Peer Values of connecting, exploring, supporting and planning



Peer Values for the Win!

- How do we connect with our community? Families? Individuals?
- What are our resources? Who are the knowledge keepers? Who is willing to help in each area?
- Getting leadership involved, clinic staff, agencies and tribal personnel.
- What do we need? Who can do each part? Using resources efficiently.
- What can we do together to continue the program for youth?

Moving Forward in a good way

- Healing trauma focuses on four pillars:
- physical, mental, emotional, and spiritual.
- Nature: plants, water, woods, grounding Diet: eating natural foods, water, herbs and plants
- Exercise: lacrosse, hunting and gathering, walking
- Ceremony: smudging, cedar, tobacco, sweetgrass, drumming, prayer circles

Community Walk/Run



Historical trauma can be healed and released from the body by addressing the physical, emotional, mental and spiritual needs. The focus is often on the trauma but there is a lot of resilience and beautiful stories of strength and healing that comes with those lived experiences. Healing can have the same impact as trauma. We are born with historical trauma, but we also hold the resilience and healing to survive.

Miigwetch for listening

○Lynn Maday

○lynnmaday@gmail.com



Evaluation Link

- Please complete our evaluation of today's event. We greatly appreciate your feedback!
- <https://ttc-gpra.org/P?s=367525>

