

# ¿QUÉ ES LA REDUCCIÓN DE DAÑOS?

“La reducción de daños es un enfoque proactivo y basado en la evidencia para reducir los impactos negativos en la salud personal y pública del comportamiento asociado con el consumo de alcohol y otras sustancias tanto a nivel individual como comunitario.”

[samhsa.gov/find-help/harm-reduction](https://samhsa.gov/find-help/harm-reduction)



Original concept from Devin Sweat, 2022



Mountain Plains ATTC (HHS Region 8)

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

**SAMHSA**  
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Services Administration

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