



Gain essential tools and knowledge to assist families affected by substance use through the comprehensive ITC Approach Training

Hosts: Great Lakes ATTC, South Southwest ATTC, Mountain Plains ATTC, Northwest ATTC, South Southeast ATTC, Mid America ATTC, and the ATTC Network Coordinating Office.

Each regional ATTC will select 4-6 applicant organizations and/or community groups for participation in the ITC Approach training.

Costs: Participation is free! However, teams are expected to establish a virtual or in-person ITC support group in their local community following the 7-session workshop.

Questions? For more information, contact Kris Kelly, Great Lakes ATTC:
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The Mid-America ATTC is a partnership between University Health Behavioral Health and the University of Missouri-Kansas City School of Nursing and Health Studies in Kansas City, MO. We are funded by [SAMHSA](#) to support the behavioral health workforce in HHS Region 7: IA, KS, MO and NE

Visit our website at:

<https://attcnetwork.org/center/mid-america-attc/>

You're Invited to Apply

Invitation to Change Approach Training

Applications close: April 19, 2024

How to apply: Complete the Google form [here](#).

The Invitation to Change (ITC) is a holistic helping model for families affected by substance use, drawing from concepts also found in CRAFT, MI, and ACT. Participants will leave the training with a complete set of tools for empowering families to support their loved ones effectively. More about the approach [here](#).

What can I expect and who is this training for?

ITC Approach training offers participants a helping blueprint for working with families. Participants will learn the foundational principles of the ITC Approach and will also be introduced to exercises that families can use to understand and support their struggling loved one. The ITC Approach is designed to be taught to and implemented by those in supportive roles (i.e. family members; significant others). It takes complicated psychological principles and makes them understandable for families in crisis.

Format:

This training will take place over Zoom.

Dates:

Level 1- Fundamentals: 7/10, 7/11, 7/17, 7/18

Level 2- Group Curriculum: 7/31, 8/7, 8/14

Time:

12-4pm ET/ 11am-3pm CT/ 10am-2pm MT/ 9am-1pm PT/8am-12pm AKST

Participation requirements:

Each applicant organization or community group will select 3 individuals (2 individuals to co-facilitate the support group and 1 individual to provide project oversight and support) to participate in **both** Level 1 and Level 2 of the ITC Approach training.

The availability of spots is limited. Full commitment is expected of participants for all seven training sessions.

Selected applicants will be notified May 1, 2024