

## TRAUMA INFORMED CARE

**For Faith Communities** 

July 24, 2024





JULY 24, 2024 10 AM - 12 PM (CST)





WHO SHOULD ATTEND?

This event is open to all faith communities



- Balanced Empathy and Self-Care: Learn techniques to care for others deeply without neglecting your own emotional and spiritual needs.
- Sustainable Leadership Practices: Discover strategies to maintain long-term compassion and effectiveness in your ministry without succumbing to burnout.
- Resilient Compassion: Equip yourself with tools to foster enduring empathy, ensuring that your care for your community is both heartfelt and sustainable.

