



# How to Use this Dissemination and Implementation (D&I) Resources Toolkit

**The D&I Toolkit** is made for anyone interested in implementing change. This includes community providers who are planning to, or who are already implementing AUD/SUD prevention, treatment, and recovery services. **The D&I Toolkit** supports facilitation for your process and guidance for how to identify resources for more intensive support. ATTC wants to support the journey of D&I along with you by offering an accessible space for you to access knowledge and expertise.

The goal of **The D&I Toolkit** is to provide you with a basic roadmap of how to use dissemination and implementation science to support change within your organization. It includes terms, strategies, and concepts that you can use in your everyday work, as well as provides specific examples and additional resources for a deeper dive into each area. The Toolkit follows components of the EPIS Framework (1), which provides an infrastructure for guiding the implementation process.

While we encourage you to read *The D&I Toolkit* in its entirety, it may also be useful to jump back and forth to sections that are relevant to you. Use this toolkit to check progress, anticipate next steps, and use the pit stops to ask for help. The ATTC is here for you along your way.

## Getting Started

Phase 1: Let's get started.

This section of resources includes **introductory and foundational** materials that will help your process of implementation be successful, including key terms and frameworks.

## Exploring

Phase 2: Where/how do I begin?

This section focuses on **exploring** the implementation process, needs of the communities and clients, and selecting an evidence-based practice to implement.



## Preparing

Phase 3: What do I need to get started?

This section helps you **plan** what is needed to be successful, even before you implement your evidence-based practice.



## Implementing

Phase 4: What do I do now? Let's go!

Now you're ready to **implement** your new evidence-based practice! Learn more about implementation strategies and equitable implementation in this section of resources.



## Sustaining

Phase 5: Let's keep it up!

After implementation, **sustaining** a practice can be challenging. This section provides tips on how to be successful in the long-term.



## Need Additional Guidance?

\*Reach out for Technical Assistance from ATTC.

Have questions on who or how to ask for **guidance in your implementation work**? Check here for some guidance on this process.

## Additional Resources and References:

### References

- (1) Aarons, G. A., Hurlburt, M., & Horwitz, S. M. (2011). Advancing a conceptual model of evidence-based practice implementation in public service sectors. *Administration and policy in mental health and mental health services research*, 38, 4-23.



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