



# Trauma-Informed Care in Faith Communities

Mid-America ATTC is proud to present a four-part series on Trauma-Informed Care for Faith Communities. This educational training is designed to support faith communities of all types by deepening participants' understanding of trauma's prevalence, the impact of chronic stress, and practical strategies that can be implemented to support the well-being of all.

[Intro to Trauma-Informed Care in Faith Communities: Thurs., Jan. 30th](#)

[Secondary Trauma and Self-Care for Faith Leaders: Thurs., Feb 13th](#)

[Adverse Church Experiences: Thurs., Feb. 27th](#)

[Caregiver Wellbeing: Combating Compassion Fatigue: Thurs., March 13th](#)

\*All sessions are in-person at the Oasis Church from 6:30 - 8:30 pm (CST)

- **Understand Trauma:** Explore the prevalence of trauma and the impact of chronic stress, including adverse childhood and church experiences (ACEs), on brains, bodies, and behaviors.
- **Learn Trauma-Informed Principles:** Gain insight into the foundational principles of Trauma-Informed Care and how they promote healing and resilience.
- **Implement Universal Strategies:** Discover practical, evidence-based strategies that anyone can use to foster health and well-being in their community.

For additional questions or to schedule a closed training specifically for your leaders, congregation, or organization, please email Kreasha Williams at [Kreasha.Williams@UHKC.org](mailto:Kreasha.Williams@UHKC.org) and Pastor Brooks at [pastorm.brooks@gmail.com](mailto:pastorm.brooks@gmail.com)

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